



JUNE 2016

HOME *ON THE* *Green*

COMMUNITY LIFE IN THE
BALLANTRAE GOLF & COUNTRY CLUB



In This Issue:

VINTAGE YEARS

The Dream Machines
of Ballantrae

"SUMMERLICIOUS"

Salads in a Jar & More
Potluck Recipes

TRAVEL

Marvels of the
Mediterranean

PROFILE

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**A magazine for and about the residents of
The Ballantrae Golf & Country Club Community.
A positive community voice to inform and entertain.**

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***Home on the Green* welcomes submissions from residents of our community for possible inclusion in the magazine. Send articles and news items to homeonthegreen@rogers.com. *Home on the Green* reserves the right to accept, edit or reject any submitted article. All such contributors are deemed to have consented to the publication – either in print or online – of any information submitted by them.**



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A MESSAGE FROM THE PUBLISHER

My son is getting married this fall. That makes me “mother of the groom” and, as such, I am supposed to wear beige and keep my mouth shut (probably not going to happen)! I sometimes think that the role of Publisher is similar. When everything is running smoothly, I can happily stay, somewhat quietly, in the background. But every once in a while I think it is important to acknowledge the hard work and effort of the many volunteers who put this magazine together every quarter. One group that deserves special mention is the ad sales team. Led by Elaine Saksons, the sales team has worked very hard early in the year to ensure we have a full complement of advertisers—and the associated revenue needed to put *Home on the Green* into your hands four times a year.

The sales team sells four issues at one time so there is a lot of pressure to renew as many current advertisers as possible and quickly replace any who have dropped out. While we are very lucky to have a waiting list, it can dwindle quickly and must continually be “fed” with new prospects. This year we also changed a few things, including our selling cycle, so there was increased pressure to deliver. And deliver they did! I am happy to say we met our target—all thanks to our talented sales team. And on behalf of the team, let me encourage all of you to support our loyal advertisers whenever possible.

On another note, I would like to make special mention of the Rose of Sharon charity drive planned for September 15 in our community. This charity helps young mothers and their families in York region, most living below the poverty line. We can all help by donating needed items. You can find out more information as to pick-up times and the specific items needed on page 34. To find out more about Rose of Sharon, visit their website: www.roseofsharon.com

Anita and our many contributors have put together another entertaining and interesting issue. I hope you enjoy it along with the glorious summer that has finally arrived.


Donna Clark

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A MESSAGE FROM OUR COUNCILLOR MORE FROM MAURICE



As I think back to the time when I was considering a run to be the local town councillor, most investigations indicated it would be a part-time job and there would be a chance to meet and assist constituents. I must admit I have had the opportunity to meet and assist many constituents. That part was true. Following is an update on a few projects:

LANDS SOUTH OF OUR FRONT GATES

As this report is being written, the developer has approached town staff with an application for a subdivision on those lands. The development of these lands is allowed under the established secondary plan of record for the town that was passed by a previous town council. A few public meetings have been held and while no specific decision has been made as to design, it is anticipated there will be housing in place on this property at some date in the future. As part of the approval and information process, I will be hosting an information meeting so that all members of the public will have the opportunity for input. This meeting will be well in advance of the project coming to council for final approval. One of the features to be installed as part of this subdivision would be sidewalks along the east side of Highway 48 starting at the entrance to BGCC and running south to Aurora Road. These sidewalks would join those planned to be installed along the north side of Aurora Road.

CANADA DAY CELEBRATION

I encourage you to join your neighbours and participate in the events the town provides around this public holiday. This year, July 1 falls in the middle of the town's annual Strawberry Festival celebration. The party starts on Thursday night with live music in Memorial Park. Friday's events include more music, a large Canada Day cake and fireworks to end the day. Main Street will be closed and lined with vendors for most of the weekend.

CHARITY DRIVE COLLECTION FOR NEEDY CHILDREN

It has been brought to my attention that there is a great need for essential items for newborns and infants here in York Region. There is an organization in the Region that attempts to meet this need on a regular basis. A group of BGCC residents, led by Doreen Cunneen, has committed to assist this organization in meeting their goal. I am pleased to offer my assistance to this most worthy cause. You will hear more on this subject from many of

your neighbours over the summer months. I thank you in advance for what I am sure will be your generous support of this project.

BALLANTRAE PARK

In my opinion there is a need to add another permanent field house at this park on Aurora Road. I was successful in convincing council to allocate funds in the 2016 capital budget such that this will become a reality this year. The architect's rendering was recently approved by council.

*Architect's
Rendering*



COULTICE PARK

Construction of this park on the south side of Musselman's Lake is well under way. The town has allocated approximately \$2,000,000 for the project and I am confident it will be the gem of all the parks in Whitchurch-Stouffville. It is estimated the park will be in operation in late 2016. It has been a long time coming.

AURORA ROAD SAFETY ISSUES

I hope that by the time you are reading this message there will be noticeable changes at the intersection of Ninth Line and Aurora Road. The Region has finally agreed to remark the roadway and to install a flashing red light over the intersection. Further, they recently passed, with my support, a motion to lower the speed limit for the section of this roadway from the Ballantrae School east to the Durham 30 Town Line.

COUNCIL MEETINGS – LIVE

For those interested in such things you will be happy to know that you can now hear all town council meetings without leaving your home. Council recently approved, after a test period, to provide live streaming of these meetings. Simply Google the town website and click on the live stream icon.

I trust you will have a wonderful and safe summer and I look forward to talking to you when we meet around our complex and on the golf course.

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That's Entertainment

BY PAT WOOD



Entertainment's such a personal thing, don't you think? What I might think is great may just fall into your "doesn't do it" column. As I get older, I find that column getting ever longer.

Last year's New Year's Eve show was a case in point. Supposedly famous people sitting around cutting up other people. Who were they? With the exception of Carson Daly, I didn't know anybody and really didn't want to. Where was old Dick Clark, I asked myself?

Medical and cop shows dominate the TV roster, some of them not so bad, but you wonder where all the clever writers have got to. The writing on *Modern Family* is clever, but most of the sitcoms seem stupid, or maybe I'm just missing the humour.

For more choices, we got Netflix, and ran up the internet bill watching *House of Cards*. Now that was good entertainment as we binge watched it, and later the same for *Breaking Bad*. Who would have thought a show about a meth-making drug dealer would have such appeal?

I liked the series *Longmire* about a present day Wyoming sheriff. You know, the tall, silent Western lawman we all grew up with. That's why I'm a sucker for any western except for Clint Eastwood's *Unforgiven*, that horrible movie with no hero. My son bet me it would win Best Picture, which it did, but it could not satisfy a girl brought up on Roy, Gene and Hoppy.

That may be the crux of the matter! The people providing entertainment these days are of a later generation than us and their perspective is entirely different. In our day, falling off a horse, going over a cliff (where there was always a branch to grab onto), and avoiding the approaching train were the crises to be dealt with. Their generation grew up with explosions, ships hurtling through space and computer-generated monsters. They live for special effects. I live for stories.

The latest *Star Wars* movie underlines this generational gap. Now, I liked the movie.

On my son's advice we went whole hog and paid for the 3D, special seats version. The movie does have a continuing story, which we enjoyed, having seen parts one to six, but the effects were why we actually went to the theatre to see it. My mind is not completely closed up!



Those roll back seats are not for short people. My leg went to sleep and as I tried to stamp my foot, my shoe came off and fell into the row in front. This of course has nothing to do with entertainment, and more to do with why some people should not be let out of the house.

Getting back on topic, the *Star Wars* saga is to their generation what *Downton Abbey* is to ours. Julian Fellowes had to have written this gem especially for us oldies, and I am heartbroken that I will only have reruns to watch in future with no more Crawley adventures. How I loved the story, the characters, the history! It was the best entertainment since *Lonesome Dove*. (I told you I was a western freak.)

Somehow the Brits haven't abandoned stories. PBS carries a lot of British shows based on characters you can appreciate and story lines that make sense so I do enjoy and support the network.

I guess I should be thankful I have so many choices. I must be watching something, as I don't seem to read as many books as I used to. Oh well, by the time you read this, the weather should be nice and I should be outside anyway. I wonder what Julian will have for us next.



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On Becoming an Adult – Or Not

BY JOHN GORMAN



I continue to be unduly fascinated by the aging process.

Why this should persist baffles me somewhat although I suspect living in a community of “adult” persons is at least partially to blame. At the same time, I am uncertain regarding the simple definition of “adult.”

Technically, one becomes an adult at a relatively youthful age. This can occur when you turn 18 in many jurisdictions – 21 is about the oldest you have to be anywhere to drink or vote, etc. (Recent events suggest one try to keep these two activities separate.)

In the case of the Ballantrae Golf Club community, I would suggest that we mean “over 55” when we apply the term. Of course there is no barrier to entry for those who may be younger, although the lack of certain services and facilities will obviously discourage those who are still actively raising a family.

In any event, my preoccupation is more logically devoted to musings about the changes that take place in the latter stages of life. Like so many of my friends, I have long resisted the application of such labels as “elderly” to myself. It was OK for you to consider yourself a “senior” at 65 if you wished but I felt it was more accurately applied to those over 75 – unless there was a discounted fare offered in which case I cheerfully confessed my advanced age.

Much of the time I would regard my neighbours with due consideration for their aging. Often I would mention to visitors to Ballantrae that it was a truly unique experience to live surrounded by older folks. Usually my pals would point out that I appeared older than many of the people they had observed in residence here.

However, I continue to struggle with age-appropriate behaviour that society and my family expect of me. Mind you, my activities, interests and appetites vary widely from time to time for no discernable reason. On some days I feel energetic enough to tackle almost any chore. On other days, I am reluctant to lift anything heavier than the book I am reading or eat anything that has even a hint of seasoning.

In recent years I have noted that many of my neighbours here are growing younger. By that I mean that several of my original pals have moved on and the replacements are inevitably quite spry in comparison.

Many are still employed or operating a business. In the main, they are quite active both socially and physically. Several are roughly the same age as some of my children – and isn’t that a shock!

During the Ballantrae Games last summer, I was pleased to note the participation from this “younger” group, many from more recently occupied condos. I had been fearful that the Games would eventually disappear as an iconic event as the newer arrivals did not share the same interests as the people who started the events originally.

I need not have worried. While I was having difficulty sorting out my changing role in life, the incoming residents embraced the fellowship and friendly competitions with enthusiasm. Things may change but usually they change for the better.

So now that the baby boom generation, defined as those born between 1946 and 1964, are increasingly among us, I must recognize that the universe is unfolding as it should. I indeed have a role to play, but it is changing and that is as it should be.

That role may be less noticeable, but it is necessary that I pursue it and remember to undertake those tasks for which I am uniquely qualified and currently capable. This is important for both my physical and mental wellness.

Of course I have no intention of abdicating my situation as a curmudgeon, leaving the way clear to those of you who have not as yet entered the kingdom of the elderly.

To steal a line from author Michael Kinsley who wrote *Old Age – A Beginner’s Guide*: “I am perfectly willing to believe, on almost any subject, that I’m right and the majority of other people are wrong.”



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Travellers' Tidbits

BY KEN MIYAUCHI



If you've recently returned from the U.S. the last thing you'd expect is an article about travelling south; however, there are some things that need attention soon. Some items are reprinted, by request. If there are new tidbits, all the better.

Always the biggest concerns are those involving the U.S. and Canadian governments. As a rule of thumb, complete the IRS Form 8840 if you are in the U.S. for four months or more. Under no circumstance should you exceed 182 days or the IRS will consider you a resident and a taxpayer. Track the number of days in the U.S. each year, and remember that departures of fewer than 30 days cannot be subtracted. This form must be submitted to the IRS by June 15 of each year.

Your U.S. bank will request that you sign the W-8BEN form every two years. This form states that you are a resident of Canada so that you can avoid the U.S. withholding tax on your bank accounts. Your bank will notify you when this form is required.

On your Canadian tax return (Form T1135), you must indicate if you own more than \$100,000 CAD in U.S. property. This property includes funds in foreign bank and investment accounts, shares in foreign corporations, bonds and debentures, and lands and buildings. Before becoming alarmed, be aware that personal use property (vacation homes, vehicles, jewellery, artwork, etc.) is exempt. Also excluded are foreign assets held in tax-deferred accounts (RPPs, RRSPs, RRIFs, RESPs, RDSPs, TFSA), and units of Canadian-registered mutual funds investing in foreign securities. Consult with a qualified tax professional for your specific situation.

Next to the government, health insurance is the second biggest issue. With most insurance plans, a condition must be stable for six months (sometimes more) for it to be excluded as a

"pre-existing condition." Therefore, it is wise to have your health examination early in the year so that any conditions have time to stabilize.

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When travelling to the U.S., there are a number of useful aids. The Weather Network has a website showing the weather conditions along major interstate highways. There are other websites that will detail the restaurants, hotels, etc. along major highways (I-75 and I-95). If you prefer, Dave Hunter's book, *Along the Interstate 75*, contains similar information plus detailed maps, Costco and Sam's Club discount gas stations, and even where to find the cleanest public washrooms.

American banks are converting their bank cards to the microchips that we already have. By October 2017, you will no longer be asked at a gas pump to enter a zip code. In the meantime, when asked for a zip code, enter the numeric digits of your postal code plus two zeros. For Costco gas pumps, use five zeros.

In spite of the lower Canadian dollar, the U.S. remains a popular destination, so stay informed and be travel wise.



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In Praise of "Dogs with Jobs"

BY ENID SANDERS

Having spent this past winter in Florida, I was surprised to see how many people, particularly seniors, had dogs. Many of these dogs were wearing tags that showed they were "helper" dogs of some sort so they were allowed almost everywhere – restaurants, stores, offices, buses, etc.

I began to wonder how so many people were able to get these dogs certified. It seems that the American laws are much less restrictive than our Canadian laws and they do not really differentiate between the various classifications. There are, however, very different definitions for the various dogs.

SERVICE DOGS

When you see a dog wearing a "DO NOT PET ME" sign, you can be assured that it is a certified service dog. A service dog is any guide dog, or other animal, that is trained to provide assistance to an individual with a disability – such as alerting to a fire. Service dogs and their companions are legally allowed access to public buildings, etc.

GUIDE DOGS

A guide dog is specifically trained to assist the blind, while the service dog is trained to help those with severe hearing loss or physical impairment that limits mobility.



THERAPY DOGS

A therapy dog is trained to provide therapeutic benefits, comfort or affection to people other than the handler or owner. They often visit hospitals, nursing homes, disaster sites, etc. They generally work in Animal Assisted Activities (AAA) or Animal Assisted Therapies (AAT). Studies have shown many people benefit from human-animal interactions with benefits such as lower blood pressure and reduced anxiety.

General therapy dogs do not have public access rights as do the service dogs. Although therapy dogs can and do attend public venues not accessible to other pets, they do so at the discretion of the facility's management team and are restricted to their professional purpose for the duration of their visit.

EMOTIONAL SUPPORT ANIMAL

An emotional support animal is one that provides therapeutic benefit, such as alleviating some symptoms of a disability, to an individual with a mental or psychiatric disability. They are typically dogs and cats, but may include other animals. An animal does not need specific training to become an ESA.

In the U.S., all one requires is a letter from a physician stating that the person seeking an ESA has a verifiable disability. In Canada, the laws are not that clear so you should seek further clarification if you are hoping to bring your dog with you on an airplane, in a public place or other undesignated venues. Also, in Canada accessibility laws differ from province to province and in many cases are antiquated, poorly defined and do not take into account the various needs of individuals with disabilities being supported by these dogs.

COMPANION DOG

Companion animals are not individually trained to perform any specific kind of task. Instead, the principal service that companion animals provide is simply that—companionship. While service animals are trained to behave flawlessly in public, companion animals may or may not be as well-behaved. As a result, companion animals are virtually indistinguishable from the family pet.

National Service Dogs in Canada is committed to helping service dogs' users achieve greater independence and equality. Society, for the most part, has embraced the work of service providers and service dog teams across Canada. Despite increases in public education in the number of "dogs with jobs," accessibility for many service/guide dogs users can still be a challenge.



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Make Summer Salads in a Jar

BY DAYNA STODDART



Summer is the time to enjoy fresh air, fresh food and to increase your activity levels. The more you move, the more energy you will have, along with improved mental function and mood.

Couple this with eating more fresh whole foods—fruits and veggies that are in season — and you are on the right path to improved overall health and longevity.

Shopping at your local farmer's market is one of the smartest decisions you will make. Not only is the produce cheaper and often organic, it is grown locally, which means it's as fresh and nutritionally charged as it can be. When you eat fresh, whole foods, your body breaks down all the molecules for use. Each one of those molecules benefits your health. Protein molecules go to building and repairing tissue. Healthy fat molecules assist with lubricating cells and keeping hair, skin and other organs healthy. Molecules from complex carbohydrates provide usable energy. Fibre cleans out your system. Water carries the nutrients through your body.

You might consider joining a food service program, such as Mama Earth Organics. A box of local in-season fruits and vegetables will be delivered right to your door weekly.

Preparing food and meals ahead of time is a great way to ensure successful eating habits. Most fresh produce is living...and bursting with health-enhancing nutrients. Here is a great idea on how to include these "living" foods in your daily menu.



BUILD YOUR OWN MASON JAR SALADS

Mason jar salads are a fantastic way to get your daily dose of nutrient-dense whole foods.

Here are some tips on how to build the perfect Mason jar salad. (Courtesy of Dr. Robyn Chutkan and the Microbiome solution.) The key is in the layering.

Use a wide-mouth jar that is easy to fill and easy to dig into. The pint size is perfect for an individual salad and the quart size for larger salads.

5 GREENS

Last but not least, fill the remaining part of the jar with as many leafy greens (arugula, kale, spinach, romaine, mixed spring greens) as you can possibly fit, or bring along some extras to add as you eat.

4 GRAINS, BEANS, NUTS, SEEDS & PROTEINS

Chickpeas, quinoa, black beans, sunflower seeds, brown rice, chicken, fish and lean beef are nutritional powerhouses that stay fresh closer to the top. Nuts and seeds maintain their crunch if placed just below the top layer. (Beans can also go near the bottom).

3 SOFTER FRUITS OR VEGGIES

In the middle, place the more absorbent veggies, such as avocado, tomatoes, berries or citrus fruits.

2 VEGGIES

Carrots, cucumbers, peppers, celery, onion, zucchini, fennel and cooked beets can be layered on top of the dressing because they are not too absorbent.

1 DRESSING (HUMMUS, PESTO, VINAIGRETTE)

Wet ingredients go on the bottom. By keeping the jar upright, the dressing won't mix with the rest of the salad until you are ready to eat it. Anything with a marinade should stay close to the bottom as well.

* STORING

Make sure to screw the lid on as tightly as possible so that your salad can last up to four days.

EATING

When it comes time to eat your salad, either shake it up and eat it straight from the jar or pull out a bowl and turn the jar upside down so greens are on the bottom and everything else on top.

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Our BGCC Computer Club

CAUTION: Don't Click!

BY ALEX FLOW

Welcome Back!

Here are some of the important topics covered in Our Computer Club meetings in January, February and March 2016.

SPAM CAUTION! Al and Brian have seen an increase of spam in our community. We seem to have been targeted beyond the regular spam we all receive. In any case, if you get an email that seems to be from Revenue Canada, any bank, iTunes, Yahoo, Norton, etc. asking for passwords, payments, private information, account numbers, don't respond. The message might also say "Important Security Notification" or something like that and almost always asks you to "click here for more information."

NEVER CLICK or you will allow the bad guys access to your computer and information—a real problem requiring immediate assistance.

You can check the origin of the email by moving your mouse over the "click here" without clicking. Now look at the bottom left corner of your screen and you will see where it will take you (often a very long string of characters and foreign).

IGNORE THE EMAIL, DELETE IT, AND NEVER CLICK ON IT. See also Ken Miyauchi's article, "Oh Damn, Not Another Scam," in the spring 2016 issue of *HOTG* about various scams and safeguards you should consider.

MUSIC Many residents have a library of music in their computer; some items transferred from their own music, downloads from iTunes or other sources. Many have used RDIO, but RDIO was purchased by another U.S. company and is no longer available in Canada. Al's recommended substitute is SPOTIFY. Spotify is free (or \$9.99 for the Premium edition with no ads or interruptions), easy to download, organize, and use. It runs on PC's, iPads, and iPhones. It has stored playlists,

plus you can create your own. Al demonstrated Spotify with a Sonos speaker using an iPad as controller. The sound was fantastic; everyone was impressed.

OFFICE SUITES Most of us use a document creation program regularly. Many use Microsoft Office, but the newest versions of Office and Word, which are enhanced, charge an annual (or monthly) subscription fee. Some residents use Apache's Open Office which is free, but it is getting old and less robust than the newer programs. Al and Brian are suggesting WPS OFFICE, a full and sleek alternative to Word. It is fully compatible and the personal edition is free. WPS can be used on PC's, Apple iPads, iPhones and androids.

APPS In 2016, one portion of our meetings has been devoted to showing residents recommended apps. All of the apps demonstrated are free.



CATEGORY: Home Do-It-Yourself

For residents needing info for repairs, etc., check out WIKIHOW, DIY tip genius and Handy Bubble Level.



CATEGORY: News

Some residents no longer take newspapers and find the on-line newspapers cumbersome. These residents may find news summaries more useful, such as: Canada News, AP Mobile, Flipboard. Also check out The Daily Beast and Fluent News.

*Some say slow and steady wins the race.....
We would like to politely disagree.*



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Bijoy's Restaurant

BY SUSAN GAMBLE

"I'd forgotten how good the food is here!" Those were my exact words when I recently had lunch at Bijoy's, a charming gem tucked away in a former labourer's cottage on a side street in Aurora.

Bijoy and his wife, Sujata, who hail from Kolkata, India run the restaurant. They are both chefs with 30 years of experience in five-star restaurants who share a passion for cooking for other people. They trained at the Culinary Institute of America in New York.

The couple have lived and worked in Europe, but finally settled in Canada 25 years ago. Bijoy's Restaurant has been in business for seven years. The house in which it is located was built in 1868 for George Russell, who worked at the nearby foundry, Fleury House. Bijoy and Sujata have renovated and turned the interior into an intimate restaurant.

The menu offers an eclectic combination of flavours derived from various cuisines, including, of course, Indian. Choose from seafood potpie in phyllo pastry, butter chicken, Moroccan seared salmon, beef stroganoff, ratatouille crepe, delectable onion tart and many other tempting items. Gluten free and vegetarian options are also available.

Their desserts and sourdough breads are all made in house and are delicious. I had to try a couple of desserts just to be sure! Mango crème brûlée, sticky toffee cranberry pudding and molten chocolate lava cake are just a few choices.

For me, the icing on the cake is their choice of teas—more than 50 if I counted correctly—including orange pekoe, Assam, chai, oolong, as well as decaffeinated and herbal varieties. Their many leaf teas are served in individual pots with an egg timer to indicate when your brew is ready to be poured. For avid tea grannies, like me, afternoon teas are available by reservation, on Wednesdays and Saturdays (\$16.50 per person). In addition, Bijoy's is open for breakfast six days a week.

Bijoy's also offers several items for sale, including loose-leaf teas, honey, sourdough breads, spice blends, chutneys and preserves.

If you haven't already visited this unusual venue, give it a try and prepare to add it to your list of local favourites!



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Richters' Amazing World of *herbs*

BY
ANITA
DRAYCOTT

On a frosty day last April I walked into the greenhouse at Richters. It felt like summer had arrived. I knew they sold herbs, but I was gobsmacked by the variety. Have you ever heard of Margarita Mint (for your next cocktail) or Zambesi Lemon Thyme?

Their first location was a garden centre at Locust Hill in Markham run by Otto and Waltrout Richter. Mrs. Richter started importing some of her favourite herbs from her native Germany. Customers coming to buy the usual peonies and tomatoes started taking an interest in Waltrout's herbal collection. "You have to keep in mind that back in the late 60s to most people herbs meant mint, parsley and cannabis," says Conrad Richter, who now runs the company with his wife, Aku. The couple met when Conrad was invited to give a lecture in Ghana where Aku's father is a medicinal herbal expert.

By the mid 70s the Richters had moved to their present location in Goodwood, Ontario, and were putting out an annual catalogue. They decided to phase out flowers and vegetables and began importing herbs from all over the world. They also visited various ethnic communities in Toronto to learn more about the culinary and medicinal benefits of herbs from Vietnam, India, Greece, Italy and more.

"Herbs have been used for so many years throughout the world," remarks Conrad. "Using them on a daily basis can improve your health. For example, chop some chives and put them on your morning eggs, try some mint tea for an upset stomach, or put some lavender on your pillow to help you sleep. Did you know that garlic is a powerful antibiotic?"

Conrad tells me that the "happy dozen" most popular herbs are: basil, lavender, oregano, parsley, chives, mint, thyme, rosemary, sage,

chervil, marjoram and bay laurel. But that's just scratching the surface. The Richters catalogue, offering plants, seeds and dried herbs, contains more than 1,000 varieties. Imagine 40 different kinds of basil, including Cinnamon and Thai.

Part of the enjoyment of wandering through Richters greenhouse is touching the leaves of various plants and smelling them. It's like an olfactory orgy! You might be tempted to try growing some of their unique collections: Lemon/thyme keeps the mosquitos away; the Brain Booster collection from South Asia is recommended to aid memory and mental clarity. In addition to the plants, Richters sells herbal oils, dried herbs and some teas. I couldn't resist a package of Mrs. Richter's Special Blend.

Every year the International Herb Association names the "herb of the year." For 2016 it's the world of hot chilli peppers. Richters sells an amazing variety from Chocolate Habaneros to the Trinidad Scorpion that comes with a danger warning.

Although herbs are the main reason for shopping at Richters, they recently noticed a demand for heirloom vegetables and are now selling everything from watermelon tomatoes to Turkish eggplant. You can get varieties here that you'd never find at most garden centres. Plus the staff is extremely helpful and knowledgeable

In keeping with their role as educators about how to grow, dry and properly use herbs, Richters offers an impressive line-up of free seminars. By the time you read this magazine, their spring talks will be over, but consider such fall topics as harvesting and drying herbs, all about lavender, growing garlic and making your own bath products.

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Dave Parsons' Spring Concert

BY PAT WOOD

Time travel is difficult, but on a cloudy April day the Dave Parsons Quintet took us back to the sixties at their spring concert.

For a turbulent decade, there were some mellow tunes created, and we "bossa novaed" our way through the afternoon with *The Girl from Ipanema*, *One Note Samba* and *Raindrops Keep Falling on My Head*.

Songstress Lisa Levy sang *I'll Never Fall in Love Again* among other Burt Bacharach tunes. Dave on the piano and keyboard, Sam Carothers on bass, Stan Perry on drums and Marshall Olchoway on tenor sax and clarinet make up this fine group of musicians.



Ballantrae Ladies' Nine Hole Golf League

BY MARLENE GILLIES

The 2016 Ladies' Nine Hole Golf League is off to a wonderful start. The ladies meet every Thursday morning from May 5 (opening day) to October 6 (closing luncheon) with tee times starting at 9 a.m.

This league's objectives are to have lots of fun and no stress while playing golf. The league's mission statement is "Take your iron everyday and live on greens!"

We invite all ladies living in Ballantrae to come out and have fun with us.

Contact: Marlene Gillies
marlenegillies@rogers.com or 905-640-4408



BGCC Ladies' No Stress Golf League 2016

The Ballantrae Ladies' No Stress Golf League held their opening meeting on April 26 at the Maples of Ballantrae. We have 50 ladies registered to play a relaxed nine holes of golf every Tuesday on the Executive Course, May through September. We are always glad to welcome new members for mornings of fun! We also would like to invite ladies who only wish to play once a month to join us one Friday a month as we explore York Region playing other courses.

To join please contact Deb Kimpton and pay a nominal fee of \$10. The green fees are \$18. It is also a great opportunity to make new friends and to meet neighbours in our community. All levels of BGCC golfers are welcome to join in the camaraderie.

Our opening round was on May 3, at 9 a.m., but there is still plenty of summer left. Come and join us!

For further information please contact: Deb Kimpton,
nostressgolf@yahoo.ca or 905-642-6426



Celebrating the Ballantrae Snowbirds' Picnics in Florida

BY LYNNE BALFOUR

It is more fun to talk with someone who doesn't use long difficult words but rather short easy words like "What about lunch?" A.A. Milne, Winnie the Pooh.

With that sentiment in mind, Ballantrae snowbirds clustered together in Naples and St. Petersburg Florida to compare notes and enjoy friendly company.

For the past nine years Sherrie and Mike Adam have organized the Naples area Ballantrae picnic.

Held at Delnore Wiggins State Park on a beautiful beach with a nearby picnic shelter, 88 people this year enjoyed a potluck supper fit for royalty and Ballantrae gourmards. Mike prepared ham and roast pork. Others brought salads and desserts. A nosey raccoon supervised from beneath the shelter floor. Dessert was served at the Adam's beautiful condo and the sunset was cheered on by all.

The first Ballantrae picnic was initiated by Bob and Barb Breckles with Julie and Don Bryant in the St. Petersburg area 10 years ago. In the beginning they met for dinner. As additional Ballantrae folks joined them, they soon outgrew a restaurant setting and started having a mid-day picnic at Fort Desoto Park with 59-90 BGCC residents attending. Apparently, more and more Ballantrae residents move south in search of hotter weather!

While our children do not understand why we travel 1500 miles to meet our neighbours, we know the strength that friendship brings to our lives. We appreciate the time and organizational skills of Mike and Sherrie Adam, the Breckles and the Bryants to facilitate these happy occasions over the years.



BGCC Tennis Club - 2016 Season

Registration day turned out better than expected on April 23. Even though we were still awaiting the return of several club snowbirds, we had 85 members register.

Several new individuals to our community have joined. Our Welcoming Committee (Ginny Tullis) will be in contact with them to welcome them to our club, to explain the various programs we offer, to make them aware of our socials (Get Acquainted and Canada Day), and to offer information so they can make a smooth transition to whatever program they desire.

If you are new to the community or have been a resident for some time, our tennis club is always looking for new members regardless of skill levels. I suggest you come to the courts for round robin (men, Mondays, 9 to 11; mixed, Wednesdays and Saturdays, 9 to 12; ladies round robin and novice Wednesdays, 11 to 1). Come out and see for yourself.

Our 2016 event dates and court schedule times have been posted on the BGCC website to allow for early pre-planning on an individual basis so that you can participate in a variety of programs offered.

For more information, contact Garry Stoddart, President: 905-640-5553.





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Ballantrae Ladies' Golf League

BY SANDY HINCH

The Ballantrae Ladies' Golf League (18 holes) held their coffee and registration on Monday, April 25, 2016.

There was a great turnout and we welcomed 18 new golfers who will join our returning members. The room was abuzz with everyone catching up with the winter news.

On May 9, after a 1.5-hour frost delay, 50 BLGL golfers braved the chilly wind and played the first game of the season. We look forward to a fun summer of golf.

For more information contact Sandy Hinch: sandyhinch@hotmail.com



Ballantrae Men's Golf League

BY JAY ADAMS



The 15th annual meeting of the Ballantrae Men's Golf League was held on Tuesday April 26. We had 86 of approximately 120 members on hand as many members were still in sunny climes. The meeting was once again catered by the Marleigh Retirement Residence whose staff did a great job and provided more than enough to eat. The league will continue every Tuesday until September 27 at which time we will have our final luncheon and awards ceremony.

We still have room for any new members who would like to join the league and play some friendly games with neighbours. New teams are made up every week so you will get to meet new people on an on-going basis.

If you would like to join please contact:
Phil Kostandoff: 905-640-6222 or
Jay Adams: 905-640-2843

Volunteer Appreciation Event

BY JUDY FLOW

The Volunteer Assistance Appreciation Coffee Party was held May 5 in the Recreation Centre.

Jennifer Cooper, Fire Prevention & Public Education Officer of the York Region Fire Department, was our guest speaker, on the topic of "Safety in the Home."

The Volunteers were thanked for the many ways they have contributed to our BGCC community: driving, friendly visiting, doing odd jobs or intake.

Thanks to all.



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Vintage Years

COORDINATED BY TONY LANT

THE FOLKS OF BALLANTRAE AND THEIR DREAM MACHINES

We trust that this article is a true sign that the boys (and girl) of spring and summer are back in their wonderful machines of years gone by.



AL ROEDER'S '48 TRIUMPH

When your car gets old it has very little value unless you put it in storage for another 65 or so years. It then becomes a vintage automobile.

For a number of years we had a car show in the Recreation Centre parking lot where vintage guys could show off their prizes.

Do you remember in 2013 receiving a special edition of *Home On The Green* celebrating ten years of wonderful

memories? If you still have that issue at hand (and why wouldn't you?) turn to page 40 to see a display of all the cars that were present for this event.

As an example of the quality of these cars, I was recently asked to allow my 1948 Triumph 1800 to be a showpiece at the annual Toronto car show. In summertime it's worth a drive around Ballantrae to see how many of these prizes are in the driveways.

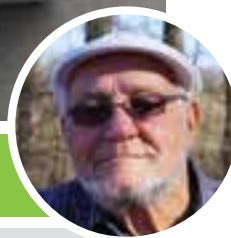


TONY LANT'S '64 T-BIRD

Some 13 years ago, when my wife and I decided to downsize, we moved from Don Mills to Ballantrae. Shortly thereafter, the urge to add to my antique car collection from one (a '59 Chevy Impala with 11,000 original miles) began to grow, as did my Silver Wheel Plan antique car insurance business.

Subsequently, my collection increased to four and currently consists of a '64 T-Bird, a '65 Mustang convertible and a '68 California Special Mustang in addition to the Chevy Impala.

What a great hobby, not just for the owner but also for those who get to come along for the ride. For those of us who grew up in the '50s and '60s, these automobiles help us revisit those memories.



RON BREWING'S '88 MERCEDES-BENZ 560



It was always a dream of mine to own a vintage sports car. At the age of 70, I found the car of my dreams, a brilliant red 1988 Mercedes-Benz 560 SL in Sarasota, Florida, and had it imported home to Canada. It was originally purchased by an individual in New York for \$63,400 which included a \$1,300 gas-guzzler tax. A year later it was sold to a lady living in California where it stayed for 10 years before she moved to Florida.

The 560 SL model is a two-passenger coupe/roadster, 5.6-litre V8 engine with a four-speed transmission. It is equipped with both a hard and soft convertible top.

I have owned and enjoyed the vehicle for eight years. When purchased, it had 104,900 miles on it; I have driven it 7,000 miles since I have owned it. It is my sunny, summer car and it reminds me of the automobile featured in the movie, *High Society*.



LORNE BABCOCK'S '89 PORSCHE 928 GT

Over the past twelve years that Joan and I have lived in Ballantrae we have noticed several classic cars in the community. Last spring I felt the need for a "toy," so on a whim I called Pierre, a good friend in Ottawa who had a 1989 Porsche 928 GT that I had been admiring for years. I did not think he would part with the car. To my surprise he agreed. In May I took ownership.

When Pierre bought the car 24 years ago it had 20,000K on it and by last May just 97,300K. He had maintained it very well so it is in excellent shape.

The car was Porsche's first mass-produced V8 model and its only coupe powered by a front-mounted 5.0L V8 engine producing 326 horsepower. It has a five-speed manual transmission.

For a short while, the Porsche 928GT was the fastest street-legal production car in North America. A dream to drive!



RON & JACQUI PUGH'S '74 T-BAR CORVETTE



In 2013 Jacqui and I were looking to downsize and since Jacqui's parents, Marg and Bruce Hyland lived in the Ballantrae Community, it made sense for us to look here. It has been one of the best things we have ever done. We totally enjoy living here with all there is to do and without the worry of snow and grass maintenance.

I bought the 1974 T-Bar Corvette for Jacqui as a Christmas present in 1975. She has never wanted to sell it. The car is our "toy" so to speak. Time will tell, but for now we enjoy having it.



Q&A WITH JOHN MCLELLAN

BY KAREN MACKAY

Welcome to the Ballantrae Golf Club

In April, as the snow was giving us one last fight, resident Karen MacKay sat down with John McLellan, President of Porcupine Management Ltd., to talk about the golf course that is in large part, the centre of our community. This article gives you a little background on the course and highlights some of the opportunities for residents.

John, particularly for new residents, can you give us a little background on the course itself?

The Ballantrae Golf and Country Club was developed by Schickedanz Brothers Limited on land that they had owned since the late 1950s. Construction began in 1999 with the golf course opening in the fall of 2000. The entire site is situated on 420 acres. The course was designed by noted Canadian architect, Doug Carrick. The golf course has been operated by Porcupine Management Ltd. since construction.

Typically, the golf season runs from April to November.

I noticed the Audubon certification plaque in the clubhouse, what exactly is that?

That's one of the things of which we are particularly proud. Ballantrae Golf Club was the first golf course in Canada to receive the Audubon International Certification. To earn this, we underwent an assessment of our environmental planning, wildlife and habitat management, water conservation and the careful use of chemicals on the course.

What about fees for golf and the special offers for residents?

The daily green fee is \$85 + HST and cart rental is included Monday through Thursday. We offer two multiple play packages, a 10-game package and a 30-game package. The general public saves 10% off the regular retail price for purchasing the 10-game package or 25% off the regular retail rate by purchasing a 30-game package. The packages are fully transferable and valid for two years from date of issue.

In terms of special privileges for Ballantrae Residents, you receive an additional 5% off the 30-game package, which is a total of 30% off the regular retail rate. Residents can also book tee times 28 days in advance, one week ahead of public players who can book 21 days in advance.

The ultimate benefit exclusive to Ballantrae Golf & Country Club residents is the utilization of the two-for-one green fee program. This program is available on a walk-on only basis (tee times cannot be pre-booked) and is not available at the sunset rate.

What are some of the organized leagues and how does one get involved?

The community has a number of leagues open to residents including: Men's 18-Hole, Women's 18-Hole, Men's 9-Hole, Women's 9-Hole, plus evening Mixed Nine-and-Dine leagues on various days of the week. You will find specific information on the leagues in this magazine and on the community website. These leagues are resident organized.

Many residents really enjoy the restaurant. What is in store this year?

The restaurant is open to all, golfers and non-golfers alike. We are open for lunch and dinner Monday through Friday, and breakfast, lunch and dinner Saturday, Sunday, and holidays.

John, there are always rumours. There have been a number of golf courses sold to developers in the last number of months and homeowners are curious about the future of BCGG.

Well that rumour is as predictable as the return of the robins in the spring. I remember the first spring we opened, when there were only 30 homes occupied, the rumour was that we were sold to Club Link...which, of course, never happened. Sixteen years later and another 864 homes, the course is still owned by Schickedanz Bros. Ltd. and managed by my company. I don't see that arrangement changing for quite some time. My best advice to the residents of this community is to keep supporting the golf course as you always have. A successful golf course operation will limit the discussion of any future development.

The golf course feels, to many homeowners, like our own back yard. Any cautionary notes that residents should keep in mind?

There are indeed. The golf course is private property and admittance is authorized through the Golf Shop. At no time are residents permitted to walk on the golf course due to the danger of golf balls, equipment and open waters.

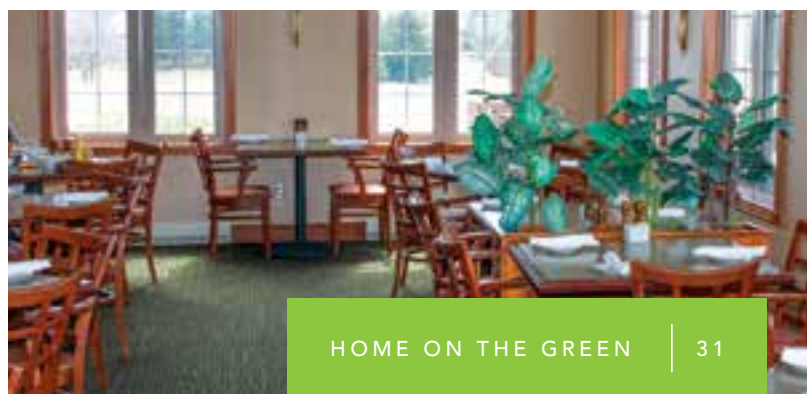
Last question, what about the traps?

We spend thousands of dollars on new sand and hundreds of hours trying to keep the traps as consistent as possible. Let's face it, they are difficult. It is not an easy shot when you are in a trap with the green above your head. I remember playing a round of golf with golf course architect Doug Carrick and his father, Bob, one of our early residents. Bob hit his shot into a bunker and he scolded his son. "Why did you have to make the traps so hard?" he yelled. Doug's response was, "Dad, they are a hazard! Don't hit your ball there!"

For more information visit:

www.ballantraegolfclub.com

or call the Golf Shop, 905-640-6333.



MARVELS OF THE MEDITERRANEAN

BY SUSAN GAMBLE

What a treat! After five years of me dealing with cancer and its devastating after effects, my husband Fergus and I booked a 50-day cruise to 23 ports in the Mediterranean and back again. We had been inveterate travellers and purposefully visited third world countries while we still had good health and (relative) youth. Some of our favourites were Papua New Guinea, Antarctica, India, Botswana and trekking in the Himalayas.

Now, however, we need a safer kind of travel with reliable medical help readily available. When an old school friend of Fergus's suggested a cruise, it seemed the perfect answer. We chose the same Holland America cruise covering a vast swath of the Mediterranean that our friend took last year and he decided to repeat the trip with us—a sure sign of its appeal.

Cruising proved to be quite an eye opener for us. We soon learned that there is a type of cruise culture involving a hierarchy based on where you've been and how many cruises you've taken. Many of our fellow passengers take two, three or more cruises a year. Indeed, we were quite stunned to find that there were some passengers on our ship who had 1,000, 1,400 and even 2,000 days of cruising under their belts—collected over several years of course. It made our 50 days look like chicken feed! Frequent cruisers receive a variety of benefits, such as on-board credits, free laundry facilities and occasionally special perks, such as lunches or cocktails.

For what you might call these upscale "cruise-a-holics," attire is clearly of paramount importance. One woman, a former model, brought nine suitcases on board. Another couple weighed in with two suitcases each, for a total of 200 pounds of luggage!

One lady wore a formal hat every day of the cruise, from morning until night, to match her



outfit of course! We learned that she brought 15 hats with her, but left most of her collection of 230 at home.

Lower down on the cruise hierarchy were the people who advertised their previous cruises by wearing T-shirts or sweatshirts indicating where they had been.

It took us awhile to accustom ourselves to the routines of the ship, but once we did, we found it very pleasant, relaxing and convivial. Meals could be taken at the extensive buffet or at one of three restaurants on board. We soon got into the pattern of having breakfast and lunch at the buffet, being careful (usually) to make wise food choices from the mouth-watering selections. For dinner we usually preferred to dine at one of the restaurants where we were served, particularly when we had had an active day and wanted to just sit. We always had a choice of four courses and the food was excellent. For the passengers who enjoyed socializing and partying (not us so much), there was happy hour with two-for-one drinks, a piano bar, as well as entertainment late into the evening.

In addition, on a daily basis, there were plenty of recreational options—Scrabble, Trivia, Bridge, Mah-Jong, cooking demonstrations, computer classes, movies, art auctions and some excellent lectures. Our favourite lecturers were the maritime history professor and the rocket scientist (I'm serious) who was involved in the space shuttle program. And if that wasn't enough, you could get your exercise (much needed given the food availability) in the gym or, on fair weather days, on the promenade deck. There was no danger of being bored!

But let's not forget the true purpose of the cruise—the destinations—and how could we not have a wonderful time? The Canary Islands have some lovely sandy beaches as well as stunning mountains. Tangier's Casbah (fort) and Medina (old city) introduced us to a truly fascinating and different culture. Barcelona's Basilica, the Sagrada Familia by Gaudi, is an architectural wonder, almost like a fairyland castle. The Caves of Drach on Mallorca were spectacular—a mile of underground caverns filled with weird shaped stalactites and stalagmites. The tour culminated with a chamber orchestra performing *Pachelbel's Canon* in the pitch dark on a boat on an

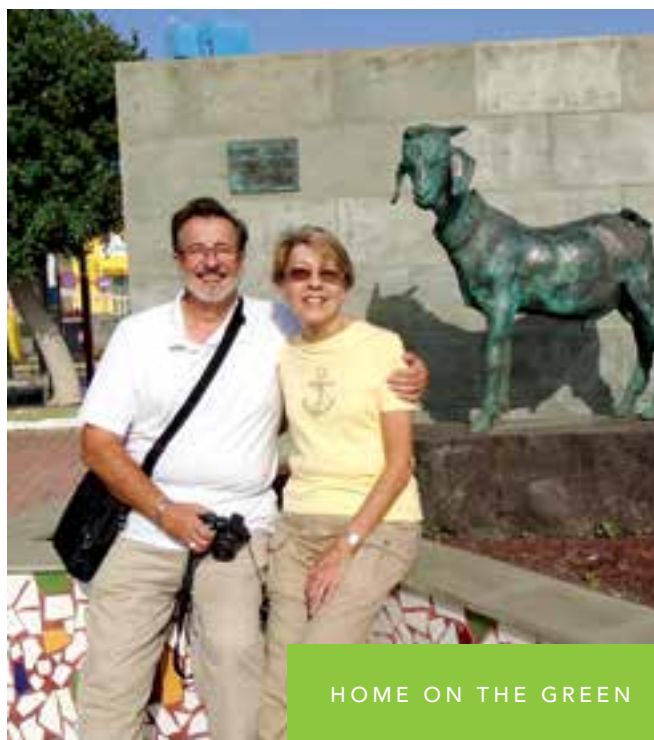
underground lake. It was one of the most memorable events of the whole trip.

What would a visit to the Mediterranean be without including Rome? Although it was a (rare) wet day, we'll always appreciate seeing the Vatican with its plethora of priceless works of art and the *piece de resistance*, the Sistine Chapel. I had not anticipated that the Trevi Fountain would be such a stunning work of art.

Who wouldn't fall in love with Greece's stark beauty? Although we had been before (we were there on 9/11), it was wonderful to add Corfu to our list of Greek destinations. Malta was another special island, followed by Messina and Palermo in Sicily and Cagliari in Sardinia.

Gibraltar exceeded my expectations due to an informative tour of the tunnels used during WWII to house 22,000 troops and also to act as a hospital for those wounded in Africa, just 14 km across the strait. We finished off with a trip to Casablanca, where we visited Rick's Cafe (from the movie of the same name) and the enormous Hassan II Mosque, built around 1990 which has wonderful marble mosaics, columns, ornamental wooden ceiling carvings and chandeliers of Venetian glass.

Sailing back across the Atlantic for our last week gave us a chance to create a slideshow from our more than 1,200 photos, relax, read and enjoy the company of new friends we met on board. We also took the opportunity to book another cruise to Australia and New Zealand, so I guess we're converts to this mode of travel...stay tuned!



NOTICE



COLLECTION DAY: THURSDAY, SEPTEMBER 15

According to Statistics Canada, one in six children in this country lives below the poverty line and that number is much higher for children of single mothers.

A group of volunteers from BGCC needs your help.

On Thursday, September 15, a neighbour will visit your home between the hours of 10:00 a.m. and 3:00 p.m. hoping to collect urgently needed items for infants living well below the poverty line in this community. You do not have to be at home when they call. Simply leave your donation outside your front door for pick-up.

All donations from the list below will be gratefully received and delivered, on your behalf, to our charity of choice, *The Rose of Sharon Services for Young Mothers*, which serves all of York Region. Please choose from the following list of items:

- Diapers (size 5 & 6)
- Diaper rash products
- Baby lotion & wash (i.e. Johnson's)
- Baby wipes
- Soothers, baby utensils & sippy cups
- Baby bottles, sterilizers & cleaning brushes
- Tooth brushes for toddlers
- Baby foods of all types
- Baby formula
- Peanut butter, jam, cereal, crackers
- Juice boxes & bottles that do not require refrigeration
- Canned fruit & fruit cups
- Winter coats & boots (new & gently used)
- Baby clothes (new & gently used)
- Grocery gift cards, Walmart, Shoppers Drug Mart cards

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OF THIS IMPORTANT INITIATIVE.**

YOUR BGCC CHARITY DRIVE MEMBERS

Doreen Cunneen (Chair), Olive Simpson, Anne Brewing, Lorraine Madigan Farro, Gail Kostandoff, Ellie Cannon, Marianne Worlidge, Sandy Hinch, Jenny Gould, Carollyne Kaise, Vicki Carter and Councillor Maurice Smith.



“Something to smile about.”

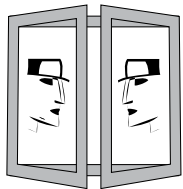
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Register:

Tuesday, September 6, 2016 at 6:45 p.m.
Rehearsal to follow

Questions: Call Kay Corlett 905-591-0239

Our Christmas Concert is:
December 6, 2016 at 2 p.m. and 8 p.m.

Men's Discussion Groups

BY SUSAN GAMBLE

Global Economic Forum

This group meets at the Recreation Centre for a presentation on a pre-chosen topic, followed by a free-form discussion. The organizer is Herb Rempel, a resident in our community.

Some of the past topics have included: the Price of Oil and Its Impact; the Bond Market; the Arctic Countries; the Chinese Yuan; the Stans (Kazakhstan, Pakistan, Afghanistan,

etc.) and Central Banks around the World. The topics, chosen by Herb and his son Andrew, cover current relevant issues that will interest and spark discussion amongst the attendees.

Herb sends out a reminder email the weekend before the meeting stating the topic and speaker/facilitator.

For information, please contact Herb Rempel at hrempel@rogers.com

The meetings take place on alternate Wednesdays at 9.30 a.m. from September through May. Usually there is only one meeting in December.

Men's Coffee Club Discussion Group

This men's discussion group is actively looking for new attendees. It was purposely formed as a men's only group to encourage men to talk freely with each other about topics of interest. It meets every other week at the Recreation Centre, alternating with the Global Economic Forum.

A different moderator assigned to each meeting prepares a list of about half a dozen topics to discuss, plus some pertinent information to initiate the discussion. There is no advance notice of the topics, so a spontaneous discussion is facilitated. The moderator generally does not join in the discussion, but encourages contributions on both sides of an issue.

Topics could be current news, political stories, sports or local Ballantrae issues. The only banned topics are religion and partisan politics!

The discussion group meets on alternate Wednesdays at 9.30 – 11.00 a.m.
Coffee is provided.

There may be a hiatus during the summer when residents are likely to be away.

If you're interested, just show up at the next meeting, or contact any of the following:

Dave Fraser (main organizer):
david.fraser@sympatico.ca

Fergus Gamble: fergusgamble@gmail.com

Bill Hewitt: bhewitt@rogers.com



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Cost: one pre-paid ticket covers two people or \$42.50 + HST per person without a ticket (each includes cart)

The intention is to make this league relaxed, fun and stress-free. There is no fee to join the league.

For more information and to register, please contact:

John Pittaway at 905-640-9342 or johnpittaway@rogers.com

Include your name, telephone number and email address

Please note:

This league is only for men who are BGCC residents.

Ladies' Dine Around

Tuesday, July 19, 2016

LOCATION

ViPei Bistro in Stouffville

PRICE

\$40 (tax & gratuity included)

PLEASE CONTACT

Pam Tulino
905-591-4004

Canada Day Celebration

July 1, 2016

LOCATION

Recreation Centre
Snacks, Music & Cash Bar.
Prizes awarded for best costume & best hat.

TIME

2:00 p.m. - 5:00 p.m.

PLEASE CONTACT

Jenny Gould, 647-694-9640



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Summer on the Patio

Saturday, August 13, 2016

LOCATION

Recreation Centre

TIME

4:00 p.m. - 6:00 p.m.

Music
Snacks
Cash Bar

Hosted by the Social Committee

Georgian Downs

Wed., October 5, 2016

TIME

Bus leaves the Recreation Centre at 9:45 a.m. and returns at approximately 5:00 p.m.

TICKETS

\$13 per person
Includes \$10 credit toward slot play and \$5 food credit

PLEASE CONTACT

Mariette Blouin-Johnson
905-591-2032

Niagara Winery Tour

Wed., September 7, 2016

TIME

Bus leaves the Recreation Centre at 8:30 a.m. and returns at approximately 7:30 p.m.

TICKETS

\$77 per person

Includes:

Two winery tours, lunch, shopping on Niagara-on-the-Lake's Main Street

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Gisela Weger: 905-642-2503

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Tuesday, September 20, 2016

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Annual Ballantrae Craft Sale

Saturday, October 22, 2016

LOCATION: Recreation Centre

TIME: 10:00 a.m. - 2:00 p.m.

To book a free table, Ballantrae residents may contact:
Elaine Gorman 905-642-0861 or Shirley Beazley 905-642-6264

MARK YOUR CALENDARS! Murder Mystery Dinner

presented by Mysteriously Yours Inc.

Saturday, October 29, 2016

LOCATION: Recreation Centre

COST: \$55 per person

Includes "all you can eat buffet"

PLEASE CONTACT: PAM TULINO

Tel: 905-591-4004 or email: pam.tulino@humber.ca

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Potluck

Potluck is a new feature in HOTG. We encourage you to share some of your favourite recipes for future issues. Please send them to homeonthegreen@rogers.com

BACKSTAGE CHICKEN

FROM BONNIE FLEISCHAKER

This is one of my favourite dishes.

8 deboned chicken breasts
2 – 10 oz. pkg. frozen broccoli
(or, I prefer enough fresh cut into flowerettes to cover bottom of pan)
½ lb grated sharp cheddar cheese
2 cans mushroom soup
(or 1 can of cream of chicken and 1 can of cream of celery)
½ cup white wine (optional) or water
½ cup bread crumbs
2 tbsp butter

Cover bottom of 9x13 pan with broccoli; put pieces of raw chicken on top; sprinkle with cheese; mix wine/water with soup and pour over cheese; top with bread crumbs and dot with butter. Bake at 350 F for one hour

BEEF AND AVOCADO DELUXE

FROM ANN ADAMS

This delicious "lunch for a bunch" can easily be increased to accommodate any number. Have interesting mustards available as well and add a salad.

2 avocados peeled and sliced
2 lbs rare thinly sliced roast beef
1 sweet red onion thinly sliced
1/2 cup vegetable oil
1 cup wine vinegar
2 tsp Dijon mustard
1/2 tsp salt
1/4 tsp pepper
chopped parsley

Arrange in casserole layers of beef, avocado and onion. Mix remaining ingredients and pour over top.

Marinate for several hours.
Serve with pumpernickel bread or pita pockets and enjoy. Serves 6.

TACO SALAD

FROM ALISON SCOWCROFT

This recipe is actually from my dear friend Karen Pottie. I think of her every time I make it.

Put chopped lettuce in a salad bowl. Top with chopped green onion and diced tomato. Sprinkle with salt & pepper.

COMBINE DRESSING:

½ cup creamy cucumber dressing
(Kraft makes this, don't use Rene's)

¼ cup mayo

1 tsp dill pickle juice

Pour over salad—I poke around with the end of a wooden spoon to allow dressing to mix — but don't toss.

TOP WITH:

1 layer of drained kidney beans
(if you don't like kidney beans, you can use bacon instead)

1 layer of shredded cheddar cheese

1 layer of crumbled nacho chips

You can prepare this several hours in advance and keep it in the fridge. It's even good the next day, however, the nacho chips get a little soggy.

CUCUMBER - INFUSED CAESAR

FROM ANITA DRAYCOTT

This recipe comes from a cooking class my friend Alison Scowcroft and I attended at the Passionate Cook's Essentials in Uxbridge. It's a refreshing twist on the classic Bloody Caesar, a cocktail invented in Calgary and a Canadian favourite.

Fresh cracked salt and black pepper
4 slices cucumber

2 dashes Tabasco sauce

1 oz gin (preferably cucumber-infused)

4 oz Mott's Clamato Cocktail

In a mixing glass, muddle everything but the gin and Mott's Cocktail. Add the gin and Mott's and stir well.

Rim a tall glass with lime juice and dip into a mix of salt and pepper. Fill a highball glass with ice cubes and pour in the mixture. You can decide whether or not to strain the mixture. I like it unstrained with bits of the muddled cucumber. Garnish with cucumber slices.

SPECIAL K – ICE CREAM DESSERT

FROM BLANCHE LESLIE

This dessert from the Unionville Ladies Curling Club feeds an army for a summer BBQ or potluck. If well covered, it lasts for a couple of months in the freezer... if it doesn't get eaten first! Enjoy.

½ cup butter

1 cup brown sugar

5 cups of traditional Special K cereal

1 ½ cartons (1.66 litre size) of vanilla, caramel or butterscotch ripple ice cream

1 cup butterscotch sauce

Melt butter and brown sugar over low heat and add to 5 cups Special K. Mix well.

Press half the mixture into an ungreased 9x13 pan.

Let ice cream soften so it is spreadable and spread over bottom mixture.

Pour and spread butterscotch sauce on top of ice cream.

Finish with remaining Special K mixture over top.

Freeze.

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More Years With More Life

BY SUSAN V. BOSAK

The YOU 177 Community Collaborative



More people are living longer than ever before in history. In fact, there are now more people over 65 years of age in Canada than there are under 14 years.

This means we can enjoy life more and participate in meaningful activities that make it all worthwhile. It also means we face a few more health challenges. And it means we'll have personal contact with more generations. It used to be you might know two or three

generations. Today in your family and community, you can connect with seven generations: your own, three before you (parents, grandparents, great-grandparents), and three after you (children, grandchildren, great-grandchildren). The opportunities for sharing perspectives and experiences are exciting and rewarding for all.

That's the point of the new Whitchurch-Stouffville community initiative - YOU 177. Our community is becoming a model for others across the

country. It's about YOU (which also stands for Young and Old United) in 1 world we all share, with 7 billion people each with the power to make a difference, across 7 generations that all have unique value.

The goal is a vibrant 7-generation community that supports, connects, and values all generations.

The YOU 177 Community Collaborative includes the Legacy Project (a local research and education group), the Whitchurch-Stouffville Public Library, businesses, schools, seniors, as well as faith-based and other community organizations. YOU 177 receives funding from United Way and the Trillium Foundation.

We've started by asking people of all ages to share their dreams. Older adults told us they are interested in learning and contributing to the community. They want more than to simply "keep busy." They want meaning.

Whitchurch-Stouffville needs you – your skills, life experiences and, yes, your wisdom. Community connections between young and old give us all a way to learn and share. Anne Leitch, who lives in a retirement community, comments that she has "all the amenities one could dream of – workshops, handicrafts, exercise." But she also says she needs something more: "I am not elderly and never will be; my mother never was and she died at 92. Many of us don't want to be maintained and monitored. We want to belong, not only to each other, with whom we may have only one common denominator, age, but to society in general".

Today's children need you. The York Region District School Board has identified children's mental health as one of their top three priorities. For many children who don't have grandparents nearby getting to know an older adult and share experiences can change their lives.

Older adults with close intergenerational connections consistently report less depression, better physical health, and a higher degree of life satisfaction.

Young and old can fulfill the role of student and teacher for each other – and it's not always the

older person who does the teaching. Children like to feel needed and they can teach us lots of things – such as how to find some pretty cool stuff on the internet!

So how can you start to get involved in YOU 177?

We're offering community events, activities, and workshops. Based on focus groups throughout Whitchurch-Stouffville, including two recently at BGCC, we're releasing a community report with more ideas in June, including age-friendly guidelines developed by the World Health Organization.

Join us at the Loops intergenerational knitting/crochet group that meets weekly. Once a month, we have Generations Making Music – you can play an instrument, sing or clap along.

In the Generations Growing community garden, share gardening and cooking skills with kids, and help grow fresh vegetables for the Whitchurch-Stouffville Food Bank.

If you want to help students with reading and math, we're starting a new school program. You can also be a business mentor to young entrepreneurs.

We would do well to heed the words of anthropologist Margaret Mead: "Connections between generations are essential for the mental health and stability of a nation."

Find out more at www.wsyou177.org or by calling 905-640-8914.



Join The Stouffville Pickleball Players

WHERE? On four dedicated courts for free, self-directed games at Vandorf Park (behind the museum on 14732 Woodbine Ave, near Aurora Rd. and Woodbine Ave.).

WHEN? Drop in to play on Tuesdays, Wednesdays, Thursdays and Saturdays from 10 a.m. to 1 p.m. Tuesdays and Thursdays from 6:30 p.m. to 8:30 p.m.

COST? Cost to play is free!

WHY? Pickleball is a great way to have fun, get exercise and meet new friends.

CONTACT: Dennis Carter at dwcarter@rogers.com for more information.



Recreation Centre News

As you read this article, the 1202 will have two new members on the Board of Directors, one from Condo 5 and one from Condo 4. We also have a new president. Check the ourbgcc website to see who is on the new 1202 Board.

The 1202 has been very active over the last quarter. The three volunteer committees: Revenue Data Info Analysis, chaired by Percy Surti along with Jim Gillies, Agnes Liang, Jenny Gould and Garry Fletcher; Marketing Promotion and Communication, chaired by Helen Hunt along with Vic Mangal, Dan Crumpton and Parmod Malik; Physical Plant Building Facilities, chaired by Gerry Meade along with Eric Boyd, Jane Bishop and Jeanne Brown. All have presented reports and are working with the 1202 Board of Directors to effect positive change, both short term and long term.

The 1202 Board is organizing a Volunteer Committee to look after all photos, trophies, award plaques, paintings, lobby furniture and other items within the 1202 facility. The current cover of *Home on The Green* is on display in the main hall of the 1202 over the fireplace. It will be updated with each

issue. The very first cover of 2003 *HOTG* is on the wall between the two change rooms.

We have completed a thorough inspection of the Dry-o-Tron machine (the dehumidifier for the pool area) and have initiated the changes needed to have this machine function with minimum breakdown at minimum cost. The tiles in front of the showers in the ladies' change room will be re-laid in late June. Lighting in the centre room has been amplified. The bocce courts are in good shape and available for play. The tennis club is in full swing.

If you wish to be part of the 1202 email list, please let your 1202 Board representative know. We would hope you all would want to be on such a list.

We are coordinating with Melfer to ensure the outer grounds will be maintained to a superior level including overall lighting on the grounds and a weed-kill application.

The 1202 is continually grateful to all the FirstService Residential staff that maintain and facilitate smooth operations on a daily basis.

- Your 1202 Board



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NOTICES

Ballantrae's Volunteer Assistance Program

**"Residents helping residents to meet temporary,
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**We celebrate our resident volunteers, who gladly assist a growing
number of our fellow residents just needing a little help.**

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Such as changing light bulbs, dog walking (short-term only), etc.

FRIENDLY VISITS

INFORMATION

About community and local resources

PHONE: 289-800-2540 (leave a message) or **EMAIL:** help4residents@rogers.com

An Intake Volunteer will respond as soon as possible Monday to Friday
9:00 a.m. to 4:00 p.m. with confidential service.

MEDICAL EQUIPMENT now available FOR LOAN - See BGCC website: www.ourbgcc.com

Judy Flow, Coordinator

Ballantrae Bereavement

Providing support to
neighbours in need

Ballantrae Bereavement is a group of trained volunteers within BGCC offering free grief support and caregiver stress relief programs to members of our community. Our goal is to support fellow residents through the grieving phase so they can move forward to resume active and meaningful lives.

If you feel you might benefit from a visit by one of our volunteer counsellors - or perhaps know of someone else in need - please call:

Our Dedicated Message Centre:
647-999-8070

Name Tags Available for \$10 each

Are you new to Ballantrae Golf & Country Club?

Do you need a replacement name tag?

Please contact:

Elaine Teillet 905-591-2089

Ballantrae Residents' Directory

The BGCC Social Committee has received numerous requests to print an updated alphabetical directory containing email addresses and telephone numbers of Ballantrae Golf & Country Club residents.

If you wish to have your information published in this directory, please email your name, address, telephone number and email address to:
pam.tulino@gmail.com

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And this our life, exempt from public haunt, finds tongues in trees, books in the running brooks, sermons in stones, and good in everything.
~ William Shakespeare: As You Like It, Act 2, Scene 1 ~





More Good Reasons to Visit www.ourbgcc.com

BY PETER SIMS, WEBMASTER

→ CONDO NEWS

Each residential condominium has its own page under Condo News. Visit your Condo's own page for up-to-date information. Many of these pages also have forms that you can fill out on-line and send by email.

But don't stop there – have a look at other Condo pages. You will be amazed at the variety of useful information available with just a couple of clicks. While each Condo has specific rules that apply only to it, many documents contain info useful for all of us, e.g. the gardening tips found in Condo 5's gardening guidelines and the maps found on Condo 2's and 3's pages.

→ VOLUNTEERS NEEDED

Do you have some time on your hands and a willingness to give back to the community? This page lists many of the local organizations that provide opportunities for volunteers to contribute their services in addition to detailed descriptions of the roles you could play. The roles of Volunteer Assistance Program helpers are also included.

→ FREQUENTLY ASKED QUESTIONS

Speaking of Frequently Asked Questions, where are they on the website?

The link to the FAQs page can be found at the Bottom of each page along with links to About Us, Contact Us and Credits.

What size and format of photos does Ourbgcc use?

Almost all digital cameras and phones automatically save pictures in the JPEG format. This is the format that Ourbgcc uses.

The standard size Ourbgcc uses is 1200 x 900 pixels which works out to around a 400 kb file size. This is a compromise between quality and speed of loading. Most recent phones and all cameras take pictures at an even higher resolution than this.

Anything else about photos?

If you really want to help the webmaster out, you might want to rename your photo from Image0187 to something meaningful like Mountain Bike 2.

NEWS, ACTIVITIES, HELPFUL INFO & MUCH MORE!





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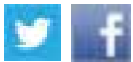
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DREAM CARS BY KAREN CLARK

Cruisin' isn't just for the boys...



Although gender stereotyping would classify car worship as a “guy thing” I have to admit, I have a dream car of my own. It started in grade 10 when my boyfriend was obsessed with his Datsun 210 that was painted bright orange with bold white pin striping down the hood! (Can you guess this was the 70s?)

He graduated from that to a British Racing Green TR6. Saturdays were spent detailing, cut waxing and polishing every inch of paint and chrome so that it was “show ready” for cruising with the top down on Sunday. The pride of driving such a beautiful vehicle after all that hard work was very rewarding. I was hooked...but first I had to learn to drive this machine! His mother’s four-speed 1967 Datsun station wagon was my training ground. After weeks of gear grinding and bunny hopping through intersections, I was ready to tackle the TR6. It had a clutch like a tractor and my legs would be quivering after the first few outings. But soon I was going up the Malahat

(scenic seaside drive from Victoria, B.C. north up Vancouver Island) and enjoying the thrill of down shifting through the turns.

Having mastered the four-on-the-floor, I was ready for my own first vehicle—a baby blue 1972 VW Bug. (I still have the original VW key fob in my jewelry box!) The sense of independence was exhilarating. I drove it to classes at UVic and would take an extra lap around “The Loop” just for the fun of it. Ah...the good old days.

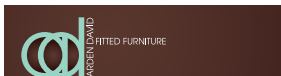
Many vehicles and many kilometers later, I still love driving and, as I think about my dream car, I refer back to my grade 10 yearbook entry, “Ambition: To be a little old lady driving a Morgan.”

I still have that goal in mind and will let you know if I fulfill it when I actually become a “little old lady” ... maybe twenty years from now. Happy touring!

Looking for your dream car? Maybe you will find one at the 43rd Annual Antique and Classic Car Show, August 14 (rain date August 21) at the Whitchurch-Stouffville Museum grounds, 14732 Woodbine Avenue, south of Aurora Rd. Contact www.wsmuseum@townofws.ca or 1-888-290-0337 for more information.



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