

Water Volleyball

Since about 2011 there has been a small but enthusiastic group playing water volleyball in our rec centre pool every month. (Water volleyball should not be confused with water polo -a much more athletic sport requiring a deep-water pool and the ability to swim!)

Iggy Natoli first persuaded the Rec. Centre to allow water volleyball to be played in our pool. Alex Lindsay has organized the group for about 6 years.

Over the years, rules have been modified to make the game more competitive and fun. For example, instead of serving from the back of the court, the ball must be tossed to another team member in the front row who hits it over the net. (This is particularly helpful for short ladies!) Each team has a maximum of 3 serves before the ball goes to the other team, and points are only awarded if the serving team wins the rally.

For 2020, water volleyball is played on the first and third Sunday of each month. Both men and women participate. (In fact, the ratio is typically 40% women.) The "size" of the pool area used is adjusted depending on the number of participants that day. Teams are made up by Alex on arrival.

You are welcome to come and try out this sport. There is always lots of fun and laughter!

Lynne Balfour