

Teddy's Restaurant & Deli

BY ALISON SCOWCROFT



My kids, who have been going to a restaurant in Oshawa for some time now, have repeatedly invited me to go with them to try it out. So, on a recent Saturday afternoon I did just that. Off we went to Teddy's. It was everything and more than I expected—a real blast from the past. When I stepped through the doors, I felt as though I was back in the '60s, going out for lunch with my folks. Teddy's has been in business for 39 years.

First of all, there was a line-up out the door to get a table. I gather it's that way all the time. They get you in and they get you out pretty fast, so we didn't have to wait too long. Once we were seated, it took the server about 10 seconds to bring us a glass of water along with the menus. The menu is large and so are the portions. The place just buzzes, all the time.

Everything is made in-house—soups, salads, salad dressing, burgers, sandwiches and desserts. They grind their beef every day and roast their own meats. They have lunch specials Monday through Friday and dinner specials every day except Tuesday. If you crave a turkey dinner, a western sandwich, corned beef and cabbage, baby beef liver or even veal or chicken parmigiana, Teddy's is the place to come. They also do take out, but it would be hard to have that food in my car and drive all the way home to Ballantrae without digging in on the way.

They don't have a liquor license, so I ordered a tomato juice. The glass was delivered to me resting in a small bowl with a spoon on the side, just like the old days. The staff takes your order the minute you are ready, and the food is delivered very shortly thereafter. As I said, the portions are huge, so either come hungry, or be prepared to take some home with you, which is what I did. I had their salad with the house dressing, crisp and delicious, along with a club sandwich that was fresh and yummy. Teddy's is famous for their fresh strawberry pie and their toasted coconut cream pie.

It's not five-star dining, but it is a place I can recommend, especially if you are having your kids or grandkids visiting and want to show them what restaurants were like back in the day, or if you had a late night and crave some comfort food. It's just fun!

TEDDY'S

245 King Street West
Oshawa
905-579-5529

HOURS OF BUSINESS

Monday to Saturday: 10:30 a.m. to 9:00 p.m.
Sundays: 10:30 a.m. to 8:30 p.m.

