# Emergency Medical Information



Give this information to paramedics when they arrive.

in your wallet, purse or another safe place.

## PERSONAL INFORMATION

Name:	Health card number:
Date of birth: DD / MM / YY	Emergency contact name:
Street address:	Phone number:
City:	Power of attorney name:
Province: Postal code:	Phone number:
Phone number:	<ul> <li>Leave a photocopy of your health card in this envelope</li> <li>* Keep your health card and other identification information</li> </ul>

### MEDICAL CONDITIONS AND HISTORY

Heart attack (date:)	□ Stroke (date:)	
Congestive heart failure	Diabetes	
Pacemaker	🗌 Asthma	
🗌 Irregular heartbeat	□ Seizures	
High blood pressure	Cancer (diagnosis date:)	
□ Chronic obstructive pulmonary disease (COPD)	Currently receiving chemotherapy or radiation	
Mental health and related behaviors	Remission	

Include any details about the conditions above, such as related surgeries or procedures within the last five years:

	CT_
 Funded by:	York Region PARAMEDIC
<b>Ontario</b>	

#### **MEDICATIONS**

Include a list of all medications you are taking. Ask your pharmacist to print a copy of your prescriptions. Make sure this list is updated as your prescriptions change.

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Please write the date your medication list was last updated:

day / month / year

List any self-prescribed medications, such as vitamins, herbs or dietary supplements:

#### ALLERGIES

List any allergies:

#### Do you have Community Care or other private services?

This information helps us connect you to referral services or update your care providers when necessary. These might be Home and Community Care, Personal Support Workers, or other private health care agencies.

#### Do Not Resuscitate Form (DNR)

Do you have a DNR in place?

 $\Box$  Yes, a copy is included



\*More information can be discussed with your family doctor