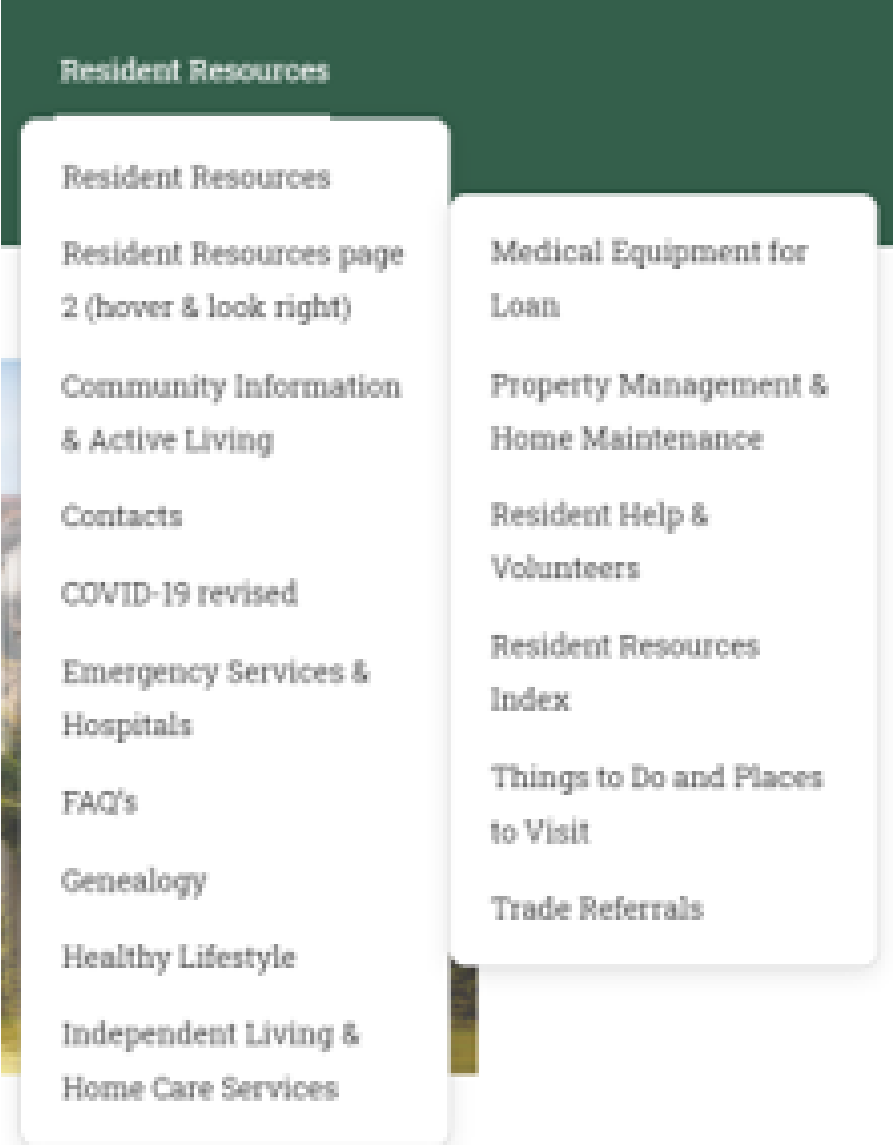


# Navigation Guide – Resident Resources **Sep 5 2021** **version**

The top green main menu bar has a Resident Resources drop-down that gives you many options. Note that the choices are folded into 2 – move your mouse over **Resident Resources page 2 (hover & look right)**, and another window opens starting with **Medical Equipment for Loan**:



Here are what's available in each of those options:

1. Clicking on [Resident Resources](#) will open the Resident Resources "landing page" which has most of the same choices as the main menu drop down.

# Resident Resources

This page provides information, telephone numbers and links to resources for the BGCC community. Use the [Index](#) to help you find what you need.

## [Navigation Tips for the Resident Resources Page](#)



[Community Information & Active Living](#)



[Contacts](#)



[Emergency Services & Hospitals](#)



[FAQ's](#)



[Genealogy](#)



[Healthy Lifestyle](#)



[Independent Living & Home Care Services](#)



[Medical Equipment for Loan](#)



[Property Management & Home Maintenance](#)



[Resident Help & Volunteers](#)



[Resident Resources Index](#)



[Things to Do & Places to Visit](#)



[Trade Referrals](#)

Note that the following pages use “accordions” which when clicked will open a drop-down showing resources available.

2. Here are the options under [Community Information and Active Living](#):

## Community Information & Active Living



- Active Living & Wellness
- Ballantrae Community
- Blue Box Recycling
- Donations of Household Goods
- Hazardous Waste Disposals
- Newspapers
- Shopping in the Area
- Travel Information
- Elected Officials
- Stouffville Town Information
  
- RESTAURANTS
- Recommended Nearby
- From HOTG Magazine
- Restaurants by Specialty
- Restaurants by Locale
- tbd 1
- tbd 2

3. Here are the options available under [Contacts](#):



## Contacts

- + Ballantrae Golf Club
- + HOTG Magazine
- + HOTG Newsletter
- + HOTG.CA Website
- + Property Management (FSR), Melfer (landscaping & snow), Porcupine (sprinklers)
- + Rec Centre
- + Resident Organized Activities
- + tbd
- + tbd
- + tbd

4. Here are the options available under [Emergency Services and Hospitals](#):

## Emergency Services & Hospitals



+ Emergency Services

+ Hospitals

[Resident Resources Index](#)

Information provided on this page is not a complete list, but are suggestions for your use.

5. Here are the options available under [FAQ's](#):



## Frequently Asked Questions

+	<b>Adobe Reader</b>
+	<b>Classifieds</b>
+	<b>Contacts</b>
+	<b>Fillable Forms</b>
+	<b>adding ICON for hotg.ca to iPad / iPhone</b>
+	<b>Name Tags</b>
+	<b>Newsletter</b>
+	<b>Password Protection on HOTG Website</b>
+	<b>Photos</b>
+	<b>Where to find information</b>

6. After an introductory paragraph, the [Genealogy](#) page has the following options:



7. [Healthy Lifestyle](#) has a list of independently-verified helpful information.
8. The [Independent Living and Home Care Services](#) has the following resources:

## Independent Living & Home Care Services



[Resident Resources Index](#)

For additional contacts go to the [Resident Help & Volunteers](#) page.

9. The [Medical Equipment for Loan](#) page lists various medical assistance devices that can be borrowed (such as canes / crutches / walkers, shower seats and toilet seats, etc.) and the respective owner's contact information.

Here is a sample:

Medical Equipment for Loan				
DESCRIPTION	NAME	TELEPHONE	EMAIL ADDRESS	STATUS
Air Boot - left - women's 6.5-7	Nazima Mirza	905-642-9547	nazmirza@hotmail.com	Available
Bed fan	Lynne Balfour	905-642-5283	balfourbill@hotmail.com	Available
Cane - adjustable 30-39" (2)	Lynne Balfour	905-642-5283	balfourbill@hotmail.com	Available
Cast - soft - knee immobilizer	Steve Smith	905-642-0647	stevefranksmith@hotmail.com	Available
Crutches - 6'1"	Steve Smith	905-642-0647	stevefranksmith@hotmail.com	Available
Crutches, aluminum for 5' 10" or under	Dennis Carter	647-977-2373	dwcarter@rogers.com	Available
Cushions - raised - 4	Carron Canning	647-406-3947	carron.canning@sympatico.ca	Available

10. [Property Management and Home Maintenance](#) has the following resources:



**PROPERTY MANAGEMENT & HOME MAINTENANCE**

- First Service Residential Property Management**
- Melfer & Porcupine**
- Fire Prevention**
- Fire Safety Information Sheets**
- Garbage & Recycling**
- Tarion**
- To Temporarily Stop Newspapers and Flyers**

11. [Resident Help & Volunteers](#) cover a wide range of assistance:



## Resident Help & Volunteers

**RESIDENTS HELPING RESIDENTS WITH TEMPORARY, NON-EMERGENCY NEEDS,  
IS BALLANTRAE'S VOLUNTEER ASSISTANCE PROGRAM.**

*Under the umbrella of the Ballantrae Lifestyle Committee of the Rec Centre*

Our volunteers are ready to help if you need:

- A drive to local doctor's/dentist appointment, physiotherapy, grocery shopping
- A friendly visitor if you feel lonely or isolated and would like someone to talk to or perhaps even visit in hospital
- Odd jobs done around the house, such as taking the garbage out, changing light bulbs (but only if a specialized volunteer is available), and dog walking. Other tasks are possible – just ask us.
- Information about resources in the larger community which could help you or your neighbour. We have an up-to-date resource list.

Our volunteers are safe, reliable, and will maintain full confidentiality. If you need some assistance, **please call 289-800-0712 – this phone number is manned daily.** An Intake Volunteer will respond as soon as possible Monday to Friday 9:00 a.m. to 4:00 p.m. **Note that we are not able to operate until the isolation for COVID-19 is over.**

Alternately, email us but this email address is **not** checked daily: [help4residents@gmail.com](mailto:help4residents@gmail.com)

12. [Resident Resources Index](#) covers a wide range of contact information:

## Resident Resources Index

Find what you're looking for by using the **search function**, or click on the **arrows to sort alphabetically**.

Search:

Topic
<a href="#">ALS Ontario</a>
<a href="#">Alzheimer Society</a>
<a href="#">Animal Control (Stouffville)</a>
<a href="#">Arthritis Society</a>
<a href="#">Brain Injury</a>
<a href="#">Canada Post</a>
<a href="#">Canadian Cancer Society</a>
<a href="#">Caregiver Support Group</a>
<a href="#">CHATS</a>
<a href="#">Community Home Assistance to Seniors (CHATS)</a>



13. [Things to Do and Places to Visit](#) cover numerous activities in the neighbourhood, grouped into the following categories:

Click on any of the the categories below to expand the list of venues and events.



14. [Trade Referrals](#) list many referrals divided into 2 groups:
1. The list on the left are general trades that you may need from time to time;
  2. The list on the right are construction trades for renovations and repairs to your house.

Here is a sample:

