

# HOME ON THE *Green*

COMMUNITY LIFE IN THE  
BALLANTRAE GOLF & COUNTRY CLUB

## In This Issue:

[Festive Recipes](#)

[Home Renovation Ideas](#)

[Golf Nirvana on Maui](#)

[A Toast to Champagne](#)

# Beautiful Floors start **HERE**



## **CARPET • HARDWOOD • AREA RUGS • LUXURY VINYL • TILE**

Patti-Lynn has been bringing spectacular, quality flooring to homes in Ballantrae since Phase 1. We focus on making sure you have the *right* product that will deliver the style and function you need for years to come. We offer professional advice, in-home measuring and consultation, and certified installers who care about your home. Come see why customers fall in love with their homes decorated and installed by the team at Patti-Lynn.

3769 Stouffville Rd.  
Stouffville, ON  
905.640.0640  
[patti-lynn.com](http://patti-lynn.com)

 **Patti-Lynn**  
Floor, Window & Wall Coverings

 **Preverco**  
Hardwood Flooring

 **daltile**

 **PERGO**

**STANTON**  
CARPET • CUSTOM RUGS • RUNNERS



# HOME ON THE Green

[magazine@hotg.ca](mailto:magazine@hotg.ca)  
Stouffville, ON L4A 7Z9

**A magazine for and about the residents of  
The Ballantrae Golf & Country Club Community.  
A positive community voice to inform and entertain.**

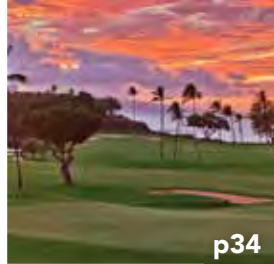
*Home on the Green* is a registered name. The use of this name without written permission is prohibited by law. Permission must be obtained for copies of any articles or photographs.

Publisher	Elaine Saksons
Editor	Anita Draycott
Assistant Editor	Karen Clark
Social Liaison	Kathy Billington
Administrative Support	Ninette Correa
Contributing Writers	Lynne Balfour Johanna Burkhard Donna Clark Linda LeGallais Greg McCain Ken Miyauchi Al Moldon Jan Richards Maurice Smith Dayna Stoddart Philippe Martin Teillet Alison Thomas Blair Tullis Luba Quadrini Mairi Vasil
Proofreaders	Mary Hallam, <i>Coordinator</i> Eileen MacIsaac Diane Ross
Contributing Photographers	Robert Pitour, <i>Coordinator</i> Hanna Galyen Marna Moldon Luba Quadrini
Production Coordinator	Terry Coulson 416-606-5876
Advertising Sales	Bruce and MC Porter, <i>Coordinators</i> <a href="mailto:advertising@hotg.ca">advertising@hotg.ca</a> John Pittaway, <i>Administrator</i> Lorne Chapman Rose Chapman Bruce Forty Lynn Gale Sandy Howson Maggie Pittaway Imants Saksons Linda Tanaka
Distribution	Norm Bresser Al Moldon
Comptroller	Marie Hewitt
Board of Directors	Donna Clark, <i>Chair</i> Anne Brewing Paul Mak Terry Maloney Elaine Saksons Ginny Tullis
Founding Editor	Ruth Flanagan
Graphic Design	UNITE Creative Inc.
Printing	Tower Litho Company Ltd.

*Home on the Green* is a community-oriented magazine, published four times per year (March, June, September and December), for the enjoyment of the residents of the Ballantrae Golf and Country Club Community. It is produced by our residents who volunteer their talents, efforts and time. The magazine is owned by *Home on the Green Community Magazine*, a not-for-profit organization, duly incorporated under the laws of the Province of Ontario.

*Home on the Green* is intended for general information purposes only, and neither endorses nor promotes any of the products or services represented herein, and assumes no responsibility for the accuracy of any statements made in the magazine.

*Home on the Green* welcomes submissions from residents of our community for possible inclusion in the magazine. Send articles and news items in WORD format to [magazine@hotg.ca](mailto:magazine@hotg.ca). *Home on the Green* reserves the right to accept, edit or reject any submitted article. All such contributors are deemed to have consented to the publication – either in print or online – of any information submitted by them.



## In this Issue:

### DEPARTMENTS

<u>Message from the Editor</u>	3
<u>Message from our Councilor</u>	5

### COLUMNS

<u>Ballantrae Tails – Take a Trip to the Zoo</u>	7
<u>New Tricks from an Old Dog – Hacks Around the House</u>	9
<u>Inside/Outside – Indoor Hydroponic Gardening</u>	
<u>Under Lights</u>	11
<u>What's Up Doc? – Champagne: The Wine of Kings: The King of Wines</u>	13
<u>Out and About – Recreating the Danish Frigate Jylland</u>	15
<u>Tech Tips from the PC Doctor – Make Your Front Porch Smarter</u>	17
<u>Stay Tuned – What's a Cover Version?</u>	19
<u>Made in Canada – The Royal Canadian Mint</u>	20
<u>Health and Wellness – Active Aging and Longevity</u>	22
<u>Tasty Recipes for the Season – Updated Recipes for a Classic Holiday Celebration!</u>	28

### FEATURES

<u>Space Technologies: Part Four: The X-15</u>	25
<u>By Design – Grand Cypress Re-imagined</u>	30
<u>Feature – Hawaiian Golf Nirvana on Maui</u>	34
<u>More Reasons to Visit <a href="http://www.hotg.ca">www.hotg.ca</a></u>	38
<u>A Tribute to the Passing of Queen Elizabeth II</u>	40
<u>Betty Mulder's Christmas Tree Tradition</u>	56

### PAST EVENTS

<u>Pocket Concerts Return to Ballantrae</u>	42
<u>No-Stress Golf League</u>	44
<u>Thursday Ladies' Nine-Hole Golf League</u>	44
<u>The Ballantrae Craft Show Returns</u>	46
<u>BGCC Tennis Club</u>	48

### UPCOMING EVENTS

<u>BGCC Social Committee</u>	50
<u>Ballantrae Men's Golf League</u>	50
<u>Ballantrae Ladies' Golf League</u>	50
<u>2023 Ballantrae Summer Games</u>	52

### NOTICES

<u>Name Tags</u>	50
<u>Licence Frames</u>	50

<u>ADVERTISERS INDEX</u>	54
--------------------------	----





### Invest with Peace of Mind

We are a dedicated team built on the pillars of trust and experience. We strive to preserve your capital and grow your wealth, in order to accomplish your investment goals.



**Herb Rempel**  
Portfolio Manager  
[herb@rempelcapital.com](mailto:herb@rempelcapital.com)

**Andrew Rempel, CIM®**  
Portfolio Manager  
[andrew@rempelcapital.com](mailto:andrew@rempelcapital.com)

**Angela De Luca**  
Client Relations Manager  
[admin@rempelcapital.com](mailto:admin@rempelcapital.com)

iA Private Wealth Inc. is a member of the Canadian Investor Protection Fund and the Investment Industry Regulatory Organization of Canada. iA Private Wealth is a trademark and business name under which iA Private Wealth Inc. operates. Rempel Capital is a personal trade name of Herb and Andrew Rempel.

**rempelcapital.com** **905-503-2547**  
238 Wellington St. East, Suite 102, Aurora, Ontario



Satisfaction Guaranteed



**DAN THE DRAWER MAN**  
All things drawers and my drawers

*Exceptional quality, unbeatable service, unbeatable prices*

**416-399-4442**  
[www.danthedrawerman.ca](http://www.danthedrawerman.ca)  
[aleaf@rogers.com](mailto:aleaf@rogers.com)

**Custom Made Sliding Shelves and Drawers**

Organize and add 50% more Space to your Kitchen Cabinets

Ideal for  
Kitchens & Bathrooms  
Pantries & Armoires  
Linen Closets  
Garage Applications

**\$140 (approx)**  
per drawer installed

I offer a high quality product, excellent service for a very, very reasonable price!





# MESSAGE FROM THE EDITOR

BY ANITA DRAYCOTT



First of all, happy holidays to everyone in Ballantrae, whether you are spending the winter here or somewhere sunny and warm.

I am writing this on my laptop from a hotel in exotic Istanbul. I have been travelling since September 23 and it is now October 23, so I've had considerable time to think about the changing world of travel. When I am not editing *Home on the Green*, I spend much of my time working as a freelance travel writer. I have been globe-trotting (professionally) for at least 30 years.

My how things have changed. Remember when we used to buy American Express Travelers' Cheques? Remember when people got dressed up to take a flight? Remember when airplane food was edible? Remember when we bought Fodor's or Frommer's guides and used them to book hotels and restaurants? I could also ask if you remember backpacking throughout Europe using *Frommer's Europe on Five Dollars a Day*!

I admit that I still find a good paperback guidebook useful. But for hotel bookings, I use [booking.com](http://booking.com). Traveller's cheques I think are defunct; now we just have to put our bank card into an ATM and get whatever cash we need, wherever. OK, maybe airplane food was never that great...unless you were in first class. And only the rich and the travel freelancers (also known as freeloaders) like myself got to experience the Champagne and caviar treatment.

Enough nostalgia. What I want to share are a few tips for the modern traveller based on recent experience.

- 1 Buy a SIM card in the country you are visiting. Unless you have an internet provider that offers inexpensive daily coverage, buying the chip is

much cheaper. For example, my provider, Rogers, charges \$15 per day for international roaming, telephone calls, WIFI, etc. In Venice, where I started my current trip, I was able to buy a SIM card at Vodafone that worked in Italy and France for about \$30 CDN for a month. I bring an old iPhone with me and put the chip in it. There are myriad reasons to "be connected." Telephone reservations; booking confirmations; train and plane reservations and updates; having Google to help you with all sorts of things from translations to maps. Maybe the best reason is that you will have Google Maps to lead you to your destination. This has been a life-saver in Turkey where I don't speak or understand the language. You can type in your destination and Google Maps will tell you how to walk, drive or take public transportation. When you can't speak the language or even find the street signs, just follow the blue dotted line on the map and listen to the cheery voice directions. Google Maps will even find you a great cappuccino in your area.

- 2 Take a free walking tour if offered in the city you are visiting. My husband and I recently did a tour of the Notre Dame area in Paris, another of the Paris Marais district and another around the port of Marseille. Each tour was fun and informative and gave us a sense of place. The tours are free, but you are expected to tip your guide. It's money well-spent. Google: free walking tours.
- 3 Travel light. I will have managed almost six weeks with a carry-on wheeled bag and a large tote. I have a predominantly black wardrobe and I wash clothes in the sink if I am not staying in accommodations with a washing machine. This gives you more flexibility should flights change.

Dear readers/travellers, those are my Christmas tips for you.

Anita Draycott





## Are Stairs A Problem?

**Glide Upstairs on a Stannah Stairlift**

A Stannah stairlift is a great alternative to remodeling, moving to assisted living, a new house or the first floor.

- ☀ **Now offering remote consultations and showroom demos!**
- ☑ **For straight and curved stairs**
- ☑ **7-Day money back guarantee**
- ☑ **Short-term rentals available**

**Want to learn more?**

Call for a free consultation & quote  
**1-888-399-0067**

Visit: [www.stannah.ca](http://www.stannah.ca)  
25 Valleywood Drive, Unit 11  
Markham, ON, L3R 5L9

**CARP APPROVED**

**Special Offer for CARP Members  
SAVE \$200\***

\*Excludes rentals & previous purchases. May not be combined with any other offer. Only one discount per purchase.

**Stannah**

## Water Systems Plumbing & Drains

905-726-9224 1-877-605-2020

[www.watersystemsplumbing.com](http://www.watersystemsplumbing.com)

**Plumbing Repairs & Installations**

**Drain Services**

**Water Softeners**

**Water Filtration Systems,**

**Reverse Osmosis and**

**Ultraviolet (UV) Water Purification**

**30+ yrs experience, fully licensed**

**Senior's discount**

**Call The Plumber**



**PROFESSIONAL**

## Carpet & Upholstery Cleaning & Care

*Carpet and Area Rug Cleaning*

*Upholstery Cleaning and Protection*

*Stain Removal*

*Pet Stain & Odour Removal*

**Proudly serving Ballantrae since 1990**

**Call us at (905) 927-0302**  
**to book your appointment.**

**MODERN HOME FURNITURE**

Customize your bedroom by picking your design, wood colour, wood finish, handles and knobs and custom sizing. Made by you, for you.

**CANADIAN MADE CUSTOM FURNITURE**  
**SAVE 15% ON ALL FURNITURE**

Canadel **PALLISER** HANDSTONE  
CRAFTED FOR LIFE

Customize your dining room by picking your design and wood colour. Made by you, for you.

**5402 MAIN ST., STOUFFVILLE (905) 642 0024**  
**WWW.MODERNHOMEFURNITURE.CA**



# A MESSAGE FROM OUR COUNCILLOR MORE FROM MAURICE

BY MAURICE SMITH



## Municipal election

I have no intention of turning this column into a political platform. I have, over the past eight years, used my space in this great magazine to keep the residents of Ballantrae Golf & Country Club informed of matters of interest within Whitchurch-Stouffville. However, we are all aware of the municipal election this past October. It was my honour to once again be elected as the local council representative for our community and all of Ward 2. For this privilege I will be eternally grateful. It is not an easy task and there are a number of important and meaningful challenges ahead. I want to say simply, thank you for the opportunity. Your support is appreciated.

## Main Street Stouffville

A major undertaking and traffic disruption is coming to Stouffville. For many years there has been talk about how to address the main corridor of town. This past September, an important decision was made by council for a proposed concept addressing the future needs and design of our community. For me, slower vehicle traffic and a walkable streetscape would be a real plus. This could be achieved with various sidewalk and curb revisions. The proposed design is now open for review and the public's consultation/input is definitely requested.

The project will be expensive and council did decide in principal on a program to pay for this cost, consisting of funds from development charges, the federal gas tax and water/wastewater reserves. The September motion reads, in part, that appropriate design and construction budgets will be included in the draft 2023 Public Works Capital Budget for council's consideration.

There is much more to come over the next year but we are finally moving forward.

## Fire Station in Ballantrae

The local station outside our front gate, known simply as Station 52, was built at a time when the fire fighting contingent included mainly male volunteers. It has only been in the last few years that council has been convinced of the need to staff the location full-time on a 24/7 basis. Modern fire stations are much more than the bricks and

mortar you see as you pass by. This building, constructed in 1999, met the standards of the day and has served us well.

I have been a member of a committee consisting of the fire chief, his deputy, another councillor and staff representatives to address the longer-term needs for our area. Work was completed on a ten-year master fire plan that was approved by council in June of this year. If you are interested in this public document you can click here: <https://www.townofws.ca/en/residents/resources/Documents/2022-WSFES-MFP-update-page-114.pdf>. It is a comprehensive, extensive document outlining the strengths and challenges of our fire services.

One of the recommendations in this plan calls for a complete rebuild or replacement of our Station 52. The estimated cost of the upgrades to meet the needs of the full-time staff would be in the range of \$4.2 million. (2020 dollars). We now have female and male on-site staff and there are many new provincial directives to be addressed. A facility with at least one bay to be used as a permanent home for an ambulance is also required.

However, a major decision is: do we try to reconstruct the facility in its present location or, in order to have the most up-to-date station, do we try to find another spot in the immediate area on which a complete state-of-the-art facility could be built—one that will meet our needs for the next 30 to 40 years?

I intend to continue to serve on the committee addressing these matters and there will be interesting meetings when this subject is on the agenda.

## Season's Greetings

For many of us 2022 has been a very trying year but COVID does seem to be on the decline. We must continue to be cautious of course. However, Jane and I trust you count your blessings that we live in such a location as BGCC. We both wish you the best of this season and a prosperous 2023. If you are travelling, travel safe, and we will see you in the spring.



## Need Some **HELP** With Your PC?

Then It's Time To Call  
The Community  
"PC Doctor"

**Al Moldon**  
65 Arnie's Chance • 647-278-6349

- Anti Virus Software Installed
- Virus Removal/Recovery Assistance
- Internet Connection Set-up
- Home PC Network Installed
- Operating System Tune-ups
- New Computer Selection & Set-up
- TV and Surround Sound Installations

**Stonett House**  
TRAVEL & TOURS

**STEP AWAY FROM THE ORDINARY!**

New small ship cruising on rivers and canals  
Ancestry and Family tours  
Bespoke special interest touring

**905-640-5491**  
info@stonehousetours.com

*By appointment only!*

hco.ca 1678842

## WINTER IS COMING AT



## PEPPERTREE KLASSICS

Markham's Favourite Women's Fashions, Footwear and Accessories

AMAZING looks from Head-too-Toe. Sweaters, Jeans, Coats, Tops & more.

See you soon! FREE Parking at rear of store



**Men's Nite**  
Dec. 15th & 22nd  
3p.m. til 7p.m.

*Our Elves will assist you  
with the Perfect Gift  
Ideas*

### STORE HOURS:

Tues. Wed. Fri. Sat. 11-4pm Thurs. 11-7pm



\*Regular Ticket Prices

### Lots of Great Gift Ideas



**137 Main Street N. Markham • 905.294.3882**  
Email us at [fashions@peppertree.ca](mailto:fashions@peppertree.ca) for any requests

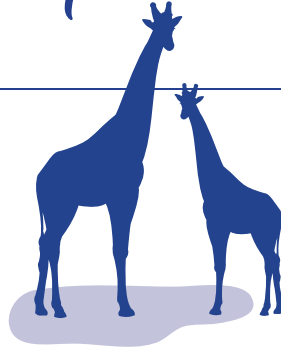


# Take a *Trip to the Zoo*

BY LINDA LEGALLAIS



Since I was a child I have loved a trip to the zoo – either the High Park Zoo or the Riverdale Zoo until the Metropolitan Toronto Zoo opened in 1974. Although I continue to enjoy these outings, accompanied now by grandchildren, I am aware of the controversies that surround zoos.



Some of that controversy is rooted in the fact that historically, zoos were not designed for the welfare of animals. The first recorded zoo was found in the Sumerian city of Ur 4300 years ago. Egyptian kings collected all manner of wild animals, from large cats and primates to antelopes. Capturing wild animals and displaying them for the entertainment and prestige of the nobility was practised throughout the Roman and Assyrian Empires and the Christian/Judea and Asian Empires. From the 13th to 15th century, every European prince owned lions as a symbol of power and strength. By the 16th century royal zoos were very popular and every royal who was worth his salt had a private menagerie.

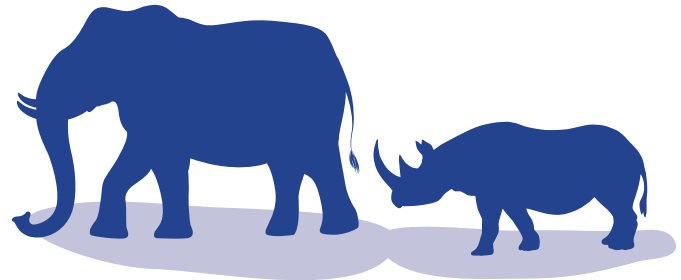
It's probably not difficult to imagine that the welfare of animals was of little concern at this time. Even those who wanted to care for them had no idea of the needs of these creatures. Unimaginable suffering was experienced by these innocent beasts.

Conditions began to change in the 18th century with a shift in the whole philosophy of life and the world around it. We switched from more supernatural beliefs to more objective reasoning which influenced how we saw nature. There was a burgeoning belief that these animals had worth beyond monetary or prestigious values. People began to accept that animals were sentient beings with certain rights. By the end of this era the modern zoological park emerged.

As this enlightenment took hold, a new way of assessing the practice of capturing wildlife and caring for it developed. This eventually resulted in the formation of the Association of Zoos and Aquariums in 1924 which to this day

monitors these facilities. Today they represent over 235 facilities throughout the world. To get their accreditation, a facility must meet rigorous standards for animal care and welfare. Before you visit any zoo, wildlife centre or aquarium please check to see that it has AZA credentials. Don't let unscrupulous vendors profit from your dollars.

But the question still exists. Are these facilities ethical? Should any animal be kept outside its natural environment? To begin with, animals are no longer "captured" for display in zoos. They are almost exclusively born in the zoo or have been orphaned in the wild where they would not survive on their own. Occasionally, an injured animal not capable of being released will get a



second chance to live out its life in a zoo. Zoos spend millions of dollars on conservation efforts in "the field" supporting projects in over 130 countries involving over 800 species. The AZA's Species Survival Program sees zoos throughout the world cooperating in breeding programs to ensure the health and diversity of species in the hope of reintroducing them to the wild. Not to be minimized is the fact that seeing these wonderful creatures up close can often encourage visitors to care about wildlife and perhaps change some of their attitudes.

In a perfect world all animals would be free to roam in nature, but our footprint on this planet has made that impossible. At least zoos are trying to lessen that impact and protect and preserve the animals. By the way, the Toronto Zoo is both AZA and CAZA accredited, so go out and enjoy a day at the zoo!



## WHAT MAKES US DIFFERENT?

No dumpsters or shingles left sitting on your property  
Lawn and garden protection and clean up is a top priority

### Full line of servicing includes:

Roofs, Eavestrough, Downpipe, Soffit, Fascia Repair/  
Replacement, Sun Tunnels, Animal Damage Repairs



Continuing supporter of the Ballantrae Golf & Country Club Summer Games



EST. 1962

YOUR ROOF. OUR REPUTATION.

**Family owned & operated.  
Over 50 years of experience  
& quality you can trust.**

**905.649.3700**  
**kellyandsons.ca**

86 Ringwood Drive, Unit 31, Stouffville

Call: *Joyce Dow*  
*Your Neighbour*

**Leaping to Make Buying or Selling an Enjoyable Experience!**  
**(905) 727-3154 or (416) 213-7209**



**Joyce Dow, Sales Representative**  
**Cell: (416) 505-5582**  
Over the years, winner of the following awards:







Your Community  
REALTY  
**ROYAL LEPAGE**

BROKERAGE INDEPENDENTLY OWNED & OPERATED

Not intended to solicit clients currently under contract with another brokerage.



# Hacks Around the House

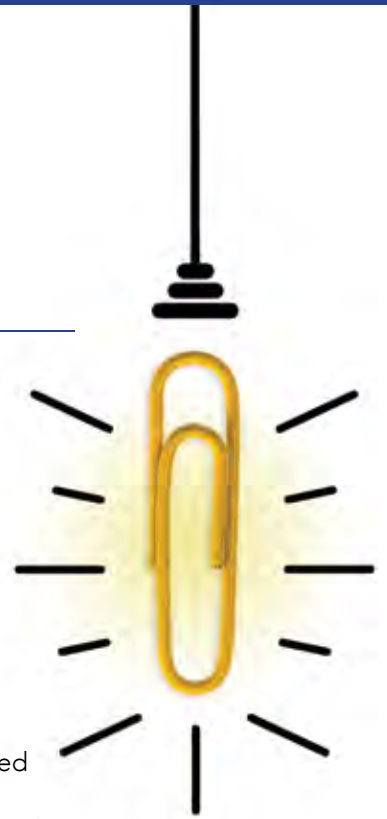
BY KEN MIYAUCHI



Hacks are many different things. A hack in hockey is bad. A computer hack is worse. Health-wise, a hack can be a persistent cough or a wound. Some hacks, however, are good. They represent timesavers to help solve problems or to do things more efficiently. It is this last type of hack that is the topic of this article.

Got a problem? See if any of the following hacks can be the answer you're looking for:

- Little used drains will dry out and release sewer gasses with unpleasant odours. Pour in a quart of water followed by a tablespoon of cooking oil. The drain trap will be sealed and the odour removed.
- It's annoying when crumbs and small objects fall between the counter and the refrigerator. Place clear plastic tubing, available in many widths, in the crack.
- Have a noisy washer or dryer that vibrates the entire house? Purchase anti vibration pads and place under the feet.
- To prevent mirrors from fogging, apply a small amount of car wax and buff with a soft cloth. To clean a hazy mirror, use shaving cream.
- Everyone has dropped a small item like the back of an earring and can't find it. Tie a nylon or thin sock over the end of the vacuum hose with an elastic band. Vacuum and voilà.
- Use a match to light a piece of uncooked spaghetti. It will reach the places that the match is too short to reach.
- To ease a sore muscle, fill a sock with uncooked rice, tie the end and microwave for 2-3 minutes. Now you have a heating pad that will conform to any part of your body.
- Use non-gel toothpaste to remove small scratches from furniture. Rub in a circular motion to buff out the scratch, and clean up with a damp cloth.
- Candle wax on your tablecloth or carpet can be annoying. Put ice cubes in a Ziplock bag and place on the wax for 5 minutes. The wax will harden and be easily removed.
- If you don't wish to purchase Goo Gone to remove sticky labels, try cooking oil. After soaking for a few minutes, they should come off easily.
- Flowers will start to droop while otherwise still looking fine. Instead of throwing them out, use a florist's secret of placing plastic straws around the stems.
- An easy way to clean Venetian blinds or California shutters is to wrap both sides of a pair of tongs with dish towels secured by elastic bands. Dust both sides of the blinds or shutters at one time.
- To repair a screen with a minor tear or hole, rub with clear nail polish and the screen will be as good as new.
- Trying to find the end of a roll of tape can be annoying. Place a paper clip or bread clip under the end of the tape so that it can easily be found the next time.
- Cleaning a blender by hand can be very hazardous. Instead, fill the blender with 2 cups of warm water and a few drops of dish soap. Then blend until clean.
- To prevent boiling liquid from spilling over, put a wooden spoon over the pan.
- Wrap a banana stem with cling wrap to keep it fresher longer.
- Have dull scissors lying in your drawers? Take a piece of heavy-duty foil, fold it over 6 times and cut through all 6 layers. Your scissors will be noticeably sharper.
- Use a can opener to open blister packs instead of scissors or a knife.
- While on vacation, use an old Chap Stick container to hide emergency money. An old sun screen container will conceal your mobile phone or other valuables.



I have not tried all of these hacks, but all are from reputable sources. Many others can be found on the internet. If even one hack saves you time or money, this article has served its purpose.

## LARGE SCREEN SOLUTIONS

THE IDEAL SOLUTION TO  
EXTEND YOUR OUTDOOR  
PATIO SPACE

SPECIAL

240 INDUSTRIAL PARKWAY S,  
AURORA 905-726-4349

EXCLUSIVE OFFER FOR  
BALLANTRAE RESIDENCES

RENOASIS  
www.renoasis.com

## CARD'S APPLIANCES & TELEVISIONS

6392 Main Street, Stouffville | 905-640-3622

- 49 years in business
- Trade in your old appliances for new
- We will make your delivery seamless
- We offer delivery, installation, hookup & removal
- **YES** we also specialize in **Water Softeners & WEBER Barbeques**



INTERIOR PAINTING BY  
REDFEARN, ZIZEK & ASSOC. INC.

Is It Time to Freshen Up  
Your Home ?

For A Free Estimate  
Call Jim at 416-918-2064

Or Email At:  
redziz@rogers.com

Proud sponsor of the  
Ballantrae Men's & Ladies' Golf Leagues  
BGCC references Available



# Indoor Hydroponic Gardening Under Lights

BY LUBA QUADRINI



When I moved to Ballantrae, I left behind a large vegetable garden and each spring I have planted several pots of herbs, lettuce and tomatoes to grow on my patio. I have especially loved the convenience of having fresh herbs handy all summer long to use in cooking.

This summer I decided to try my hand at growing some herbs in a digitally programmed hydroponic (soilless) garden system. I purchased an AeroGarden unit that was on sale for \$129 at Canadian Tire. It came with six pods of assorted non-GMO herb seeds as well as liquid fertilizer and instructions.



Four weeks after planting: Genovese basil, Thai basil, dill, thyme, parsley, mint

Additional seed pods are available from a list of 70 varieties from this company. The digitally programmable unit is compact, attractive and takes up little space on my kitchen counter—a convenient spot for me to snip fresh herbs when I'm cooking. The unit supplies the right amount of light in the perfect spectrum for fast germination and growth. The lights turn on and off automatically on a daily schedule.

My seeds sprouted within the first week after setting it up and I was snipping fresh herbs four weeks later. We have been enjoying my kitchen counter herbs for several months now and with the constantly increasing prices of produce at the grocery store I am looking forward to a winter of fresh and free greens growing in my kitchen.

All too frequently I hear "My windowsill is bright enough, isn't it?" While many books and websites insist that all you need is a bright window, this approach can lead to much disappointment as it has for me in the past. The light levels in many of our homes are significantly lower in intensity and different in spectrum

than natural outdoor light, especially during the winter months. A bright window is typically not the right location for plants that you intend to harvest for food. Producing flowers, fruit and seeds is an energy-intensive process for plants and requires a specific kind of light to get the job done well.

Growing edibles indoors has transformed my cooking and eating experiences and has brought nature inside. My brother has been using two of these units for the past several years. He enjoys fresh lettuce, peppers, cherry tomatoes and herbs all year round and no longer bothers with planting edibles outdoors in the summer. The benefit of a self-contained indoor growing unit is that the light spectrum and intensity is perfectly programmed. Plants that are grown exclusively in water, not soil, rarely succumb to bacteria and pest infestations. All you need to do is add water and fertilizer whenever the unit prompts you, then sit back and watch your little garden grow.

Growing plants indoors under lights has been a rewarding pursuit for me. Having control over your own fresh and clean food source is a powerful feeling. I am looking forward to feeding my family from my indoor garden during the coming cold winter months. I think I'll keep this first unit exclusively for herbs and add a second unit to grow peppers and tomatoes.



Cherry tomatoes ready to harvest

I've decided to give up on growing edibles outdoors on the patio. I hope this article creates new possibilities for you by stimulating your interest in growing plants where you once thought you could not.

You can definitely extend your gardening season by growing indoors off-season.



Left to right: cherry tomatoes, assorted lettuces

*It's the people that  
make the difference...*



**Susan Booth**  
Pre-Arrangement Director  
sjbooth@rogers.com  
**416-356-1720**

*A caring part  
of our community*



8911 Woodbine Ave., Markham  
(4 blocks north of Hwy 7)  
info@chapelridgefh.com  
www.chapelridgefh.com

**905-305-8508**

## Ballantrae Geek

### COMPUTER SERVICES

Any Brand • Any Problem • Any Device



- Internet/Wifi Problems
- Virus/Malware Removal
- Antivirus Installation
- New Equipment Set-Up
- Repairs & Upgrades
- Computer Tune-Ups
- Hardware Repairs
- Personalized Instruction
- Home Theatre Set-Up

**Brian Freedman**  
**905-640-0874**

40 Long Stan  
brian@ballantraegeek.ca



## NEW DENTIST IN STOUFFVILLE

**DR. CHRIS CHEKAY**

**Dr. Chris is available at the Park Drive  
Dental Centre to treat patients Wednesdays 12-8,  
Thursdays 12-8 and Fridays 8-3.**



Dr. Chris is a hometown  
Stouffville Dentist who lives  
in Stouffville with his wife.  
Dr. Chris attended Summitview  
Public School and S.D.S.S.

Dr. Chris is a skilled and quiet  
spoken gentle dentist that we  
look forward to having with  
us forever.



**PARK DRIVE DENTAL CENTRE INC.**  
**905 640 6688** **www.parkdrivedental.com**



**Hours of Operation**  
Tuesday - Saturday 11 AM to 4 PM  
Sunday - 11:30 - 3:00 PM  
Monday - Closed - Gone fishing

These are current COVID hours  
and may change over the  
next few months.

**Tel: 905-773-5551**

www.othfm.com  
www.facebook.com/OffTheHookFishMarket

**13461 Yonge Street - Unit 3, Richmond Hill, ON L4E 0L2**  
(Just south of Bloomington Road next door to the Beer Store)

## THOMAS AND PELMAN PROFESSIONAL CORPORATION

**Ian Ross Pelman, B.A., LL.B.**  
Barrister, Solicitor, Notary Public

Tel: (905) 640-2211  
Fax: (905) 640-8161  
6131 Main St. Stouffville, ON L4A 3R6

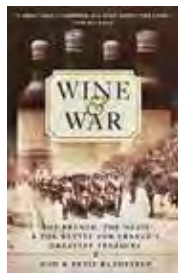


# Champagne: The Wine of Kings; The King of Wines

**BY GREG MCCAIN**

When one thinks of weddings, christenings, ringing in the New Year and other festive occasions, champagne has become synonymous with celebrations. As Coco Chanel said, "I only drink champagne on two occasions, when I am in love and when I am not."

Growing up, my father represented Moët & Chandon in Canada. Every Christmas Eve he invited friends and neighbours for a cheerful glass of Dom Pérignon. Later, I was fortunate to visit the champagne house of Moët & Chandon in Epernay, France with my wife Dee, where we learned many of the secrets of champagne. During the Second World War vintners walled off their champagne in rock caves to prevent plundering by the Nazis. A fascinating book, *Wine & War*, still available from Amazon, recounts this amazing story. Some of these boarded-up caves have still not been found.



Wine &amp; War book

It is an established fact that Napoleon always carted bottles of champagne into battle. As he said, "In victory you deserve it; in defeat you need it."

The champagne house, Pol Roger, estimates that Winston Churchill drank 42,000 bottles of Pol Roger during his lifetime (equating to a bottle a day) from 1908 to 1965. No wonder he said, "I fight not for France but for Champagne."

## Why is Champagne so Expensive?

- 1) Champagne is not only a brand, it's a trade name and must come from a single appellation "Appellation Origine Contrôlée or Protégée (AOC/AOP)" in France. This region is 130 km north-east of Paris and quite cool for growing grapes.



- 2) As a general rule, champagne must be produced from chardonnay and/or pinot noir and pinot meunier grapes. These varieties account for 99 per cent of the region's plantings. Some minor

grapes are permitted. Grapes are harder to grow in this northern climate and must be hand picked.

- 3) All champagne must be produced by the “méthode champenoise.” Contrary to popular belief, Dom Pérignon (1638-1715) did not invent sparkling wine but was responsible for refining it. He said, “Come quickly, I am tasting the stars.” In France the first sparkling wine was created accidentally. The pressure in the bottles led to it being called “the devil’s wine” as bottles exploded and corks popped. In 1662 English glass-makers’ technical developments allowed bottles to be produced that could withstand the required internal pressure. French glass-makers at that time could not produce bottles of the required quality or strength. At the time bubbles were considered a fault. To obtain bubbles after the wine has fermented, yeast and sugar are added to produce carbon dioxide.

After aging, the bottles are manually or mechanically turned numerous times in a process called remuage (riddling in English), to let the residual (lees) settle in the neck. The neck is frozen and sediment is forced out under pressure.



Colorful Artist Vintage Champagne Bottles Collection

- 4) A good vintage champagne is then aged for 8 to 15 years to reach its peak drinking window.

The next time you sip a glass of this wonderful "golden elixir" think of the labour and time needed to make it and understand that it's not sparkling wine, it's champagne. Lift a glass to the lifestyle in Ballantrae and to a new and prosperous New Year.

*Cheers!*



**ECLIPSE®**  
SHUTTERS  
by shadeomatic

**Earn up to  
\$2,000 OFF  
And Receive  
FREE  
Installation\***

**Easy to Clean  
Energy Efficient  
25-year Warranty**

IN SUPPORT OF  
**SickKids**

We offer a complete  
selection of custom  
window coverings!

**Custom Stain Matching Now Available**

**Benjamin Moore®**  
**INSIDE OUT**  
Decorating Centre  
5758 MAIN ST. STOUFFVILLE  
905-642-5883

\*See store for complete details

# hanson's

chinese & pizza



Come in and join us for some cheer and warmth during the winter months. We continue to follow COVID safety protocols to protect you and your family. If you don't feel like coming out we can deliver food right to your door. Call us for details. Our menu can also be found on our website below. We look forward to seeing you soon!

**Tel: (905) 888-1818    3721 Aurora Rd., Stouffville**  
**[www.HansonsRestaurant.com](http://www.HansonsRestaurant.com)**



## MAIN STREET

### LIMOUSINE

Luxury vehicle service for corporate, weddings and social events.  
Special rates for Airport service.  
Serving Ballantrae residents for over 17 years.

**BOOK YOUR RIDE TODAY**  
(905) 472-0404    (416) 991-6246  
1 (866) 472-0404  
[contact@mainstreetlimousine.com](mailto:contact@mainstreetlimousine.com)



# Recreating the Danish Frigate *Jylland*

BY LYNNE BALFOUR



During COVID days we all looked for ways to amuse ourselves. Online bridge, jigsaw puzzles, books and hobbies became obsessions. Our neighbour Alex Lindsay, fondly remembered making ship models as a child with his father who, having served in the British Navy, had a natural interest in ships. As a young teenager Alex's models were made from plastic kits. As an adult he started the base of a wooden ship, HDMS *Jylland*, in 1983. The three-foot wooden frame was covered with thin wood which had been soaked in water until it was pliable and could be curved to the shape of the ship. Beautifully smooth with a suitably weathered deck but no masts or rigging, its dimensions were 41" x 25" x 15". The real ship had been a Danish frigate built in 1860 and was made of oak. In 1864 Denmark used it in the Austrian/ Prussian war. The Danish navy won the battle but the *Jylland* was heavily damaged. In 1960 it was towed to Ebeltoft, Denmark and subsequently entered into dry dock where restoration commenced.



Alex decided in January, 2021 to continue detailing his model of the *Jylland* after a break of 37 years. During the next 17 months he spent at least 1250 hours completing the model by adding masts, complex rigging, one-inch cannons, a ship's wheel, coil tubs and miniature sailors. The detail (as seen in the photos) is amazing. He also

researched and wrote a 280-page document on the history of the *Jylland* and the building of the model.

Alex was born in the UK and at age four moved to Jamaica with his parents, a twin brother and a younger sister and on to Mexico in 1965. They then moved back to England where Alex worked to become a chartered accountant. After interviewing for a job in London, he was offered a position in Newfoundland. Four years later he moved to Toronto where in 1980 he met his wife Andrea. They eventually moved to Ballantrae from Aurora about 16 years ago and are now great grandparents to two little ones! Alex also has an extensive collection of stamps, mostly from the UK. You may have met Alex at

past summer games or as the coordinator of our water volleyball league held on alternate Sundays at the Recreation Centre. (He says they always need new players; no previous experience required!) Alex is very proud of his research and painstaking work in creating the beautiful *Jylland* model but is unlikely to start another one!



**Pat Sciarra**  
Owner

### **PAT'S BODY & PAINT**

15118 Hwy 48 (Ballantrae) Stouffville ON L4A 4M5

Tel: 905-640-7676 • Fax: 905-640-7674

Email: patsauto66@gmail.com

*I have no specials other than a fair price every day. My warranty is your satisfaction.*

## **Frank's Wexford Service Centres Ltd.**

- Lube
- Oil & Filter
- Tire rotation
- Top up all fluids
- Alignments
- Brakes
- Exhaust
- Tune-Ups
- Engine Diagnosis
- Licensed Mechanics
- Service to all makes and models.



MEVOTEC

Raybestos

BOSCH



FEDERAL  
MOGUL

fenco

**FREE Pick Up and Delivery available.**

*We are a warranty approved maintenance facility.*

*We look forward to servicing your automotive needs!*

15118 Highway 48  
Just South of Aurora Rd.

**905•640•1140**



# Make Your Front Porch Smarter

BY AL MOLDON



COVID-19 triggered a significant increase in the use of home delivery services such as Amazon, UPS, DHL and Grocery Gateway by Ballantrae Golf & Country Club residents as they avoided in-store shopping and placed their orders online. Amazon, for example, can generally deliver almost any household item with one-day free delivery right to your door. Their drivers place the parcel on your porch and may take a photo to prove delivery status if required, but do not generally ring the doorbell. Wouldn't it be nice if you could be alerted to the delivery as soon as it arrived with no doorbell requirement? Well, you can!

The secret to a "smarter porch" lies in the replacement of that 20-year-old doorbell at your front door with one that contains a camera and sensors to detect delivery activity. The unit I selected for my home is called the **Ring Doorbell Pro 2** which uses the existing doorbell wiring and provides a bevy of useful information such as:

- An alert that someone has arrived at my porch area, including a video and audio recording of that activity.
- Activation of my existing chime should the doorbell button be pressed. A video display on my iPad or cell phone can also be automatically triggered and Alexa show devices are supported.
- The playing of my selected greeting after the chime such as, "Please leave the parcel at the door. You can also leave a voice message now if desired." This is especially handy if visitors arrive while you are out. They can leave a message that they came by.
- An additional alert if a parcel is left within a designated area on the porch.
- An optional electronic chime can also be added for the basement if desired.

The Ring Corporation also provides the ability to store all videos for up to two months so you have a saved record of all porch activity. This was useful

to me recently when a parcel was reported as delivered but I had no video record of the delivery having taken place. A follow up with the service helped identify the missed delivery and the problem was resolved. Ring also supports the Apple Watch so you will be alerted if any porch activity occurs.

I hope you have enjoyed this video doorbell update. Please feel free to contact me if you would like more information at [amoldon@rogers.com](mailto:amoldon@rogers.com)



# Ballantrae Pharmacy

WE DELIVER  
ALL DRUG PLANS ACCEPTED  
EASY PRESCRIPTION TRANSFER  
NO DRUG PLAN, NO PROBLEM. TALK TO US.

 **PharmaChoice**

**NEW LOCATION!**

15301 HWY 48  
STOUFFVILLE, ONTARIO L4A 7X4

PHONE: 905 642 5555  
FAX: 905 642 5550



## **Transportation** *to and from Toronto's airports* **(Pearson and Billy Bishop)**

**Personalized Service by your  
fellow BGCC resident**

**Telephone, text or email**  
**Art Sanders**  
**Cell: 416.930.6229**  
**Email: artsanders@rogers.com**

## *Phoenix Electrical Services inc.*

Residential, Commercial,  
Landscape Lighting & Design

T: 416-509-6682  
E: phoenixelectrical@live.com  
Lic: 7008231

- ▶ Chandelier & Light Fixtures
- ▶ Christmas Decor & Lighting
- ▶ Install Timers/Dimmers
- ▶ Add Switches/Outlets
- ▶ Whole-Home Surge Protector Installations
- ▶ Troubleshooting
- ▶ Garden Lighting
- ▶ Appliance installation
- ▶ Renovations
- ▶ Panels & Service





# What's a Cover Version?

BY BLAIR TULLIS



I sing in a cover band. That means we “cover” original songs by other artists, rather than playing our own songs. It's a great way for a band to get material that is popular with an audience, whether it is in a bar or high school gymnasium or at a wedding reception. Originally a cover version of a song was sung by another artist and was released around the same time to compete with the original version. One of the most famous and successful cover versions of an original song is Tina Turner's version of Creedence Clearwater Revival's *Proud Mary*. She made her career on the back of that song.



*Proud Mary* by Creedence Clearwater Revival and Ike & Tina Turner

Cover bands present material in a couple of ways. Most of us have been to tribute concerts, such as those held at local theatres in Markham and the Uxbridge Music Hall. A recent example is an excellent show put on by an Eagles cover band called Epic. They are good musicians and singers in their own right who choose to make their living (hopefully) performing a complete show of tunes by the venerable band from California. The same theatres have cover bands doing everything from Elvis to ABBA and beyond.

What's the attraction with this type of show? It is simply the fact that we still want to hear those

great tunes we grew up with, played note-for-note, even if they are performed by an Eagles-like group from St. Catharines. We can't see the real Eagles for under \$100 a ticket, after all.

There is, of course, the other way of covering a song. Like Tina Turner, the late Joe Cocker poured a song into his own mold with a unique arrangement and feel, making it a totally different experience.

Joe Cocker was one of the best practitioners of the art. His *Mad Dogs and Englishmen* tour album, released in 1970, put his stamp on tunes by the Beatles, the Rolling Stones, Leon Russell and the Box Tops. Some of those songs were bigger and more enduring hits, meaning they got more air play than the originals.



*With a Little Help from my Friends* by Joe Cocker

The Beatles version of *With a Little Help from my Friends*, is a lively tune with bright harmonies and an optimistic tone. Cocker's effort turned the song into a soul anthem according to Ringo, where the interplay between the back-up singers and Joe is magical. The power of the singer draws you into his struggle to get by.

Imitation being the sincerest form of flattery, a song cover pays respect to the original, while giving it a slightly, or radically, different spin. If you want a bit of a chuckle, go to YouTube and listen to two versions of *Crazy Train*. You'll want to start with Ozzy Osbourne's original version to hear what the song is like performed by an 80's metal band. Then listen to Ozzy's Hollywood neighbour Pat Boone, who covered the tune in his typical Vegas lounge singer style, complete with horns and backing singers trilling, “Choo! Choo!”

As for all cover bands out there, we'll keep on playing and paying our respects to the music of our lives, and hope our efforts match up with the music you desire.

# The Royal Canadian Mint

BY JAN RICHARDS



For the first 50 years of Canadian coinage, coins were minted at The Royal Mint in London, England. As Canada emerged as a nation, its need for coinage increased and as a result a branch of the Royal Mint was authorized to be built in Ottawa in 1901. The presses of the Canadian Mint were activated in January 1908 by Lord Grey. The first coin minted in Canada was a 50 cent piece.

It was not until the Great Depression that the Ottawa Mint negotiated its independence from the British Royal Mint. In 1931, the Ottawa Mint was renamed the Royal Canadian Mint and began reporting to the Canadian Department of Finance.

In 1969, the Government of Canada reorganized the Mint as a Crown corporation. Presently, Canada manufactures coinage not only for Canadians but also for more than 73 countries worldwide, including Singapore, Iceland, Yemen and New Zealand. The Mint designs and creates precious collector coins, gold, silver, palladium and platinum bullion coins. The Mint serves "in the public's interest" and is mandated to operate "in anticipation of a profit." It is recognized as one of "Canada's Top 100 Employers" and is owned by the government with locations in Ottawa and Winnipeg. The Winnipeg facility is responsible for coin production for other countries, while the Ottawa site on Sussex Drive handles our domestic needs.

In 1987, a major change came to Canadian coinage with the introduction of a one dollar coin. This new coin was to be minted with a scene of voyageurs paddling a canoe. The master "die" (the template used to press the image onto the metal) was lost en route from Ottawa to Winnipeg. The back-up design was a simple image of a common loon created by Sault Ste. Marie native, Robert Carmichael. That year, 80 million 11-sided, bronze-plated-nickel one dollar coins were

circulated across Canada to replace the one dollar bill. Within weeks of the release of these new coins, they became known as "loonies."

In 1996, their two dollar cousin, the "toonie" was introduced. The toonie is a bi-metallic coin (the outer ring is made of steel with nickel plating while the inner core is made of aluminum bronze with brass plating). The toonie has a polar bear image created by Brent Townsend on the reverse side and the obverse side has a portrait of Queen Elizabeth II – as do all Canadian coins.

Queen Elizabeth II's image has been stamped on our coins from 1953 (the year of the Queen's coronation) until present day. Prior to Queen Elizabeth II, the image of her father, George VI, was featured on our coins. This September, the Royal Canadian Mint stated that, "a change in the monarchy did not require the replacement of our circulation coins" and "a royal succession had no impact on coins currently in circulation."

The Royal Canadian Mint manufactures up to 20 million coins per day—now that's a lot of change jangling in our pockets, eh!





**Elizabeth II (1953 1964)**

The effigy of Her Majesty Queen Elizabeth II first appeared on Canadian coins in 1953 when she was 27 years old. The effigy pictured here was used until 1964, with the inscription ELIZABETH II DEI GRATIA REGINA, meaning "Elizabeth II, by the grace of God, the Queen."

**Elizabeth II (1965 1989)**

This updated effigy of Her Majesty Queen Elizabeth II appeared with the inscription ELIZABETH II D G REGINA, a shortened form of the original.

**Elizabeth II (1990 2002)**

A new effigy of Her Majesty Queen Elizabeth II was unveiled in 1990 when she was 64 years old. This was the first to be designed by a Canadian, Dora de PéderyHunt, and the coin kept the ELIZABETH II D G REGINA inscription.

**Elizabeth II (2003 present)**

Canadian artist, Susanna Blunt, designed the most recent effigy of Her Majesty Queen Elizabeth II, again accompanied by the words ELIZABETH II D G REGINA. Ms. Blunt's version recalls the effigy of George VI, who also chose to be portrayed without a crown.



In 2012, Her Majesty Queen Elizabeth II celebrated her Diamond Jubilee. At that time, the official portrait of the Queen was commissioned by the Canadian Government and was painted by Canadian portrait artist Phil Richards. A stunning coloured, limited mintage of 15,000 coins of the portrait was produced by The Mint to mark this important historical event.

# Active Aging and Longevity

BY DAYNA STODDART



Active aging is a term used to describe the maintenance of positive subjective well-being, good physical, social and mental health and continued involvement in one's family, peer group and community throughout the aging process.

It is defined by the World Health Organization (WHO) as "the process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age."

Modern medicine has increased life expectancy. **Over the past 100 years global life expectancy has more than doubled.** But this has not necessarily been accompanied by an equivalent increase in healthy life expectancy. People are living longer but many of those years are burdened with chronic diseases. This is why it's important to understand the difference between lifespan and health span.

## LIFESPAN

total number  
of years we live

years we remain healthy &  
free from disease

## HEALTH SPAN

Lifespan is the total number of years we live; health span is how many of those years we remain healthy and free from disease.

Twenty percent of how long we live is dictated by our genes, whereas the other eighty percent is dictated by our lifestyles. This means that we have considerable power and control over our health in preventing chronic diseases and increasing our longevity.

Active Aging Week is a predetermined week set by the International Council on Active Aging (ICAA) and operates across multiple countries. Active Aging Week 2022 was October 3-7. Following are some highlights from the Active Aging seminars presented at Ballantrae.

## You are What You Eat

What we eat may be one of the most important lifestyle modifications any one of us can make to significantly increase our health span and to add quality years of enjoyable life as we age.

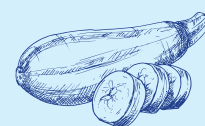
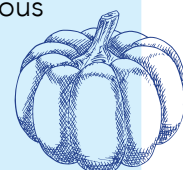
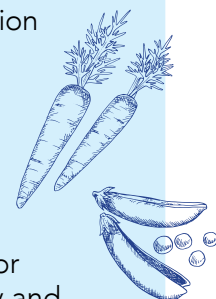
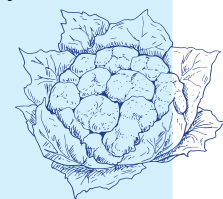
Four of the eleven Active Aging Week seminars focused on how food and supplements directly impact our health and longevity.

An Anti-inflammatory Diet Prescription for Optimum Health was an information-packed hour on how to combat inflammation and live a long and healthy life. Food is medicine and the presenter shared many delicious examples of how to create balanced meals for heart health, weight loss, longevity and optimum health.

Research has proven that there is a relationship between nutrition and mental health. How Food Affects Your Mood was a fascinating and informative seminar to help us understand the science and make smarter, healthier choices.

A virtual session on Fall Baking included how to make pumpkin donuts—a gluten-free, dairy free recipe that is a nutritious alternative to regular donuts.

Immune support is always front and centre, especially at this time of year. Tips and other holistic suggestions were discussed to keep us healthy this season.





## The Blue Zones

These are five demographically confirmed, geographically defined areas in the world with the highest percentage of centenarians – places where people reach the age of 100 at roughly 10 times greater rates than in the United States as a whole. Blue Zone locations include: Nicoya, Costa Rica; Sardinia, Italy; Ikaria, Greece; Okinawa, Japan; and Loma Linda, California. Interestingly, demographers and researchers found that these populations shared several key lifestyle habits, one of which was a remarkable similarity in their diets. Here are some dietary characteristics shared by Blue Zone populations:

- Greater than 90% eat a plant-based diet.
- A wide variety of seasonal vegetables, fruits and whole grains is emphasized.
- Daily consumption of legumes – including beans, chickpeas and lentils (black beans in Nicoya; lentils and white beans in the Mediterranean; soy beans in Okinawa).
- Meat is used only sparingly as a small side or for a special occasion.
- Avoidance of processed foods and refined sugars.
- Water is the beverage of choice, with small amounts of tea, coffee or red wine in moderation.



## Mental and Emotional Well-being

Knowledge is power! The presenters expanded on a variety of topics that delivered fascinating and practical information and strategies to improve our health and well being from physical, mental and emotional dimensions.

We learned about the most common types of dementia, the symptoms and how they present, and the ways to keep our brains healthy and lower our risk of developing the condition.

We explored some of the ways we manage different transitions through life, along with tips and techniques to reinvent ourselves as life circumstances change.

We learned of several acupressure points that can help treat and prevent headaches and migraines, whether these are stress or food-related.

Faith and wellness intersect. If our state of wellness is good, we are better able to cope with life's stressors, losses and traumatic events. We gained knowledge of the vocabulary and were empowered to feel more confident when speaking with doctors and care providers about mental health concerns.

Hearing is so important. Options available today in an ever changing industry were presented.

Leaving a legacy was a candid discussion on how to ensure that YOUR intentions are fulfilled YOUR way, tax efficiently.

**30% OFF**  
**WINTER SALE**

**HARDWOOD | AREA RUGS  
STAIR RUNNERS | CARPET  
LUXURY VINYL PLANK**

**MARKVILLE**  
CARPET & FLOORING

172 Bullock Drive  
Markham, ON  
905.472.8444  
[www.markvilleflooring.ca](http://www.markvilleflooring.ca)



\* Please present ad to receive 30% off select flooring.

## STOUFFVILLE FINE FURNITURE



**Bermex  
Sale 20%  
off & we  
pay the tax**

**Call now to  
place your  
orders**



Stouffville Fine Furniture offers a unique selection of classic, traditional and modern dining room furniture, bedroom furniture and living room furniture.



**Stouffville Fine Furniture**  
[stouffvillefinefurniture.com](http://stouffvillefinefurniture.com)  
905-642-6774



# Space Technologies Part Four:

## *THE X-15: PUSHING THE ENVELOPE OF FLIGHT*



BY PHILIPPE MARTIN TEILLET

The fastest speed on record by a piloted, powered aircraft is 7,274 km/h (Mach 6.7, i.e., 6.7 times the speed of sound). That's twice as fast as a bullet fired from an M-16 automatic rifle. It was set on October 3, 1967, by Air Force Captain William "Pete" Knight flying the experimental rocket-engine-powered X-15 aircraft. The X-43 attained Mach 9.6 in 2004, but it was pilotless. The Space Shuttle's first re-entry into the atmosphere in April 1981 reached Mach 22, but it was unpowered flight.

On August 22, 1963, the X-15, flown by World War II veteran and NASA test pilot Joseph A. Walker, attained a record altitude (for a piloted, powered aircraft) of 107.8 km, well above the space-defining Kármán Line (100 km). As he went over the top, Walker was weightless for about five minutes. The entire flight took 12 minutes from the moment the X-15 was dropped from the B-52 mother ship until it touched down on the dry lake bed at Edwards Air Force Base (EAFB), California.



Joe Walker beside an X-15 Airplane

The Fédération Aéronautique Internationale defines an astronaut as someone who attains an altitude higher than 100 km above Earth's mean sea level, thereby crossing the Kármán Line. The line is named after Theodore von Kármán (1881–1963), a Hungarian-American engineer and physicist, who was the first person to calculate the altitude at which the atmosphere becomes too thin to support aeronautical flight. The United States Air Force (USAF) and NASA do not use this internationally-recognised definition; instead they place the boundary of outer space at 50

miles (80 km) above mean sea level. Based on the American definition, eight pilots earned their astronaut wings in the X-15.

The Bell X-1 rocket-engine-powered aircraft was designed and built in 1945. It was the first of the X-planes, a series of American experimental rocket planes designed to test new technologies and aerodynamic concepts. Piloted by Chuck Yeager, the X-1 was the first piloted airplane to exceed the speed of sound in level flight in 1947.

It's worth mentioning the Boeing X-20 Dyna-Soar, a USAF program to develop a spaceplane for military missions. Running from 1957 to 1963 at a cost of US\$660 million (\$5.51 billion today), the program was cancelled just after construction began due to technology and funding issues.

The first flight of the X-15, an unpowered test, took place on June 8, 1959, with test pilot and engineer Scott Crossfield in the cockpit. The sleek black aircraft was released from a modified Boeing B-52 strato-fortress aircraft, flying at an altitude of 11.4 km. The first powered flight took place three months later, when Crossfield reached Mach 2.1 at an altitude of 16.0 km. These test flights initiated a 10-year effort with the X-15 that achieved hypersonic speeds and explored the upper edge of the Earth's atmosphere.

The X-15 was built by North American Aviation for the USAF and NASA. The program was called upon to obtain critical knowledge for the concurrent Mercury manned spaceflight program, including data on aerodynamic heating, re-entry conditions, acceleration and deceleration forces, and the reactions of pilots to weightlessness. The X-15 also provided the Space Shuttle design team with invaluable information on



X-15 Airplane

**Continued on page 27**



**STRONOR**  
BATHWORKS

**(416) 996-8225**

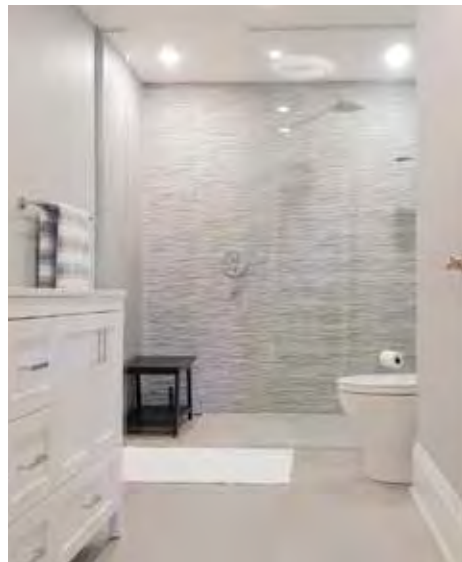
stronorbathworks.com • Ross@stronorbathworks.com



**Established and trusted in the Ballantrae community with over 25 years experience.**

**Conversion of tubs or existing showers, to walk-in showers.**

References upon request.



## Professional Bathroom Renovation & Remodelling

**DS**  
FLOORING

**CARPET & LUXURY VINYL FLOORS**  
SALES & INSTALLATION  
Repairs & Carpet Re-Stretching



30 yrs Experience

**Dave - 416 554-9279**

**dsflooring@rogers.com**

**www.dsflooringandcarpet.com**

**\*FREE ESTIMATES\***

### HANK "THE PAINTER"

Painting  
Wallpapering  
Cabinet Refinishing

**Hank Vollmer**

Cell: 647-299-4265

H: 905-884-9033

agvdecor8@hotmail.com

[www.facebook.com/HankThePainter](http://www.facebook.com/HankThePainter)

*Over 25 years of Professional Results  
at Affordable Prices*



**ROLLTEC**  
Rolling Systems Ltd.

**RETRACTABLE  
AWNINGS**



ROLLTEC® is a leading Canadian manufacturer since 1984. Over the last decade ROLLTEC® has installed hundreds of retractable awnings in all phases of Ballantrae Golf and Country Club homes. Call us today to receive a quote and enjoy your patio in the shade!

### **SPECIAL PRICING IN EFFECT**

**for BALLANTRAE GOLF and COUNTRY CLUB**

**plus receive FREE AWNING ACCESSORY (up to \$100 value)**

Visit our **SHOWROOM** or Call  
for **FREE In-Home Consultation**

Mon to Fri 9am-5pm Sat 10am-3pm(seasonal)  
**1 Moyal Court, Concord, L4K 4R8**

**905-879-0725**

or Toll Free

**1-800-667-0474**

[awnings@rolltecawnings.com](mailto:awnings@rolltecawnings.com)

**www.rolltecawnings.com**



## Space Technologies Part Four:

# *THE X-15: PUSHING THE ENVELOPE OF FLIGHT*

CONTINUED



*X-15 Air-drop from Boeing NB 52A Stratofortress B52-003 Glide Flight*

hypersonic flight, in particular how to re-enter Earth's atmosphere with a winged vehicle.

The Thiokol-built throttle-able rocket engine was powered by anhydrous ammonia and liquid oxygen, with a maximum thrust of 57,000 lb. It burned for the first two minutes of flight. For the rest of the 8-to-12 minute flight, the aircraft made a ballistic arc up and then back down before landing on the dry lake bed at EAFB.

The X-15 fuselage was long and cylindrical, with rear fairings that flattened its appearance, and thick, dorsal and ventral wedge-fin stabilizers. The outer skin of the fuselage was heat-resistant nickel alloy.

Three X-15 aircraft were used during the program. Twelve pilots flew a combined 199 flights, with only one crash. In 1967, after 64 successful flights, X-15-3 broke apart minutes after launch, killing pilot Michael J. Adams and destroying the aircraft. Two X-15 pilots later became NASA astronauts - Neil Armstrong, on the Gemini and Apollo programs, and Joe Engle, who commanded the Space Shuttle Columbia on its second flight (STS-2) in November 1981 and Space Shuttle Discovery in September 1985 (STS-51-L).

The X-15 was the most successful research aircraft program in U.S. history, leaving a legacy of scientific



*X-15-Pilot Scott Crossfield-First to Reach Mach 2*

data and aeronautical firsts that remains unparalleled. The program generated more than 760 technical reports, earned awards and honours for the X-15 team, and contributed to numerous advances in aerospace technology. X-15-2 is at the National Museum of the United States Air Force, at Wright-Patterson Air Force Base, near Dayton, Ohio. X-15-1 was on display for decades at the Smithsonian's National Air and Space Museum in Washington D.C., but it is currently in storage.

# Updated Recipes for a *Classic Holiday Celebration!*

What could be more comforting during the holidays than Christmas shared with family and close friends? While tradition calls for tried-and-true recipes that we grew up with, updating the recipes to reflect today's cooking styles and tastes still allows us to enjoy a classic holiday celebration. Here are some of my favourite updated recipes to try!



BY JOHANNA BURKHARD



## TOURTIÈRE

*There are many versions of Quebec's famous meat pie. This exceptional one is courtesy of a friend who adapted the original recipe from the late Jehane Benoit, the doyenne of French Canadian cooking. Prepare individual meat pies for easy serving, if desired.*

### MAKES 8 SERVINGS

9-inch (23 cm) pie plate, lightly greased

1 lb (500 g) lean ground pork

8 oz (250 g) lean ground veal

1 large onion, finely chopped

2 cloves garlic, finely chopped

1/2 tsp (2 mL) each dried thyme leaves and dried savory leaves\* (see Tip)

1 tsp (5 mL) salt

1/4 tsp (1 mL) each ground allspice, ground cloves and freshly ground black pepper

3/4 cup (175 mL) beef stock or water

1/3 cup (75 mL) fine dry unflavoured breadcrumbs

Pastry for a double-crust 9-inch (23 cm) pie

1 egg yolk

1. In a Dutch oven or large saucepan over medium-high heat, cook pork and veal, breaking up meat with the back of a wooden spoon, for 5 to 7 minutes. Add onion, garlic, thyme, savory, salt, allspice, cloves and pepper; cook, stirring often, for 5 minutes.
2. Add stock; bring to a boil. Reduce heat; partially cover and simmer, stirring occasionally, for 20 minutes or until most of liquid has evaporated. Remove from heat. Stir in breadcrumbs to absorb excess moisture; let cool, then refrigerate until chilled.
3. On a lightly floured surface, roll out half of the pastry into a 12-inch (30 cm) round. Line prepared pie plate with pastry. Trim edges. Spoon cold filling into pie shell. Cover with top pastry; trim edges, crimp to seal and cut steam vents. In a small bowl, beat egg yolk with 2 tsp (10 mL) water. Brush pastry with egg wash. Refrigerate until ready to bake.
4. Meanwhile, preheat oven to 425°F (220°C); place pie on middle rack and bake for 15 minutes; reduce heat to 375°F (190°C) and bake for 25 to 30 minutes more or until pastry is golden. Pie can be baked ahead of time and reheated before serving. Unbaked meat pies freeze well for up to 2 months. Let defrost in refrigerator overnight before baking.

*\*Tip: Instead of dried herbs, use 1 tsp (5 mL) finely chopped fresh herbs.*



## ROASTED BRUSSELS SPROUTS WITH GARLIC AND MAPLE SYRUP

*Roasting has become my preferred way to cook vegetables. When doubling the recipe to serve a crowd, use two rimmed baking sheets and place racks in top and bottom thirds of oven. Stir vegetables and switch pans halfway through roasting.*

### MAKES 4 SERVINGS

Preheat oven to 400°F (200°C)

Rimmed baking sheet lined with foil or parchment paper

1.5 lbs (750 g) Brussels sprouts (about 4 cups)

2 tbsp (30 mL) extra-virgin olive oil

Salt and freshly ground pepper

1 tbsp (15 mL) balsamic vinegar

1 tbsp (15 mL) maple syrup

1 garlic clove, grated or minced

1. Trim ends off Brussels sprouts and cut lengthwise into halves. If you have some Brussels sprouts that are very large, cut them into quarters. They should all be cut about the same size to ensure even cooking.





- Place on baking sheet; drizzle with olive oil; season with salt and pepper. Toss to mix.
- Roast in middle of preheated oven for about 20 minutes until edges are crispy, tossing halfway through to ensure even browning. (If making ahead, remove from oven and let Brussels sprouts cool to room temperature. Continue with last step in recipe when almost ready to serve dinner).
- Meanwhile, stir together balsamic vinegar, maple syrup and garlic. Drizzle over Brussels sprouts and gently stir to evenly coat. Continue to roast at 400°F (200°C) until Brussels sprouts are tender and glazed, about 5 to 7 more minutes.
- Turn dough out onto lightly floured surface. With floured hands, shape into a ball and divide in two. Pat into 2 logs, each 12 inches (25 cm) long and flatten the tops. Place logs on prepared baking sheet, about 2 inches (5 cm) apart. Brush liberally with egg white mixture.
- Bake on middle rack in preheated oven for about 30 to 35 minutes or until firm to the touch. Let cool for 10 minutes. Using a long spatula, transfer to a cutting board. With a sharp chef's knife, cut diagonally into 1/2-inch (1 cm) slices.
- Place cookies upright on baking sheet 1/2-inch (1 cm) apart, using 2 sheets, if necessary. Reduce oven temperature to 300°F (150°C). Return to oven and bake for about 25 to 30 minutes or until dry and lightly browned. Transfer cookies to a wire rack to cool. Store cookies in an airtight container, separating layers with waxed or parchment paper, for 1 week, or freeze for up to 1 month.



## CRUNCHY ALMOND BISCOTTI

*Instead of rich shortbread, my family prefers these biscotti that are buttery, lightly sweet and crunchy. They transport easily when shipping by mail or tucked into a suitcase when travelling to celebrate the holidays with family and friends.*

### MAKES ABOUT 40 COOKIES

Preheat oven to 325°F (160°C)

Baking sheet, lined with parchment paper

**1/2 cup (125 mL)** butter, softened

**1 cup (250 mL)** granulated sugar

**2 eggs**

**1 tbsp (15 mL)** finely grated lemon zest

**2 tsp (10 mL)** almond extract

**2-1/2 cups (625 mL)** all-purpose flour

**2 tsp (10 mL)** baking powder

**1/4 tsp (1 mL)** salt

**1 cup (250 mL)** whole unblanched almonds, chopped into 2 to 3 pieces each

**1 egg white** beaten with **2 tsp (10 mL)** water

- In a bowl, using an electric mixer, cream butter with sugar until light and fluffy; beat in eggs, lemon zest and almond extract until incorporated.
- In another bowl, stir together flour, baking powder and salt; stir into butter mixture until combined. Stir in almonds.

- Turn dough out onto lightly floured surface. With floured hands, shape into a ball and divide in two. Pat into 2 logs, each 12 inches (25 cm) long and flatten the tops. Place logs on prepared baking sheet, about 2 inches (5 cm) apart. Brush liberally with egg white mixture.
- Bake on middle rack in preheated oven for about 30 to 35 minutes or until firm to the touch. Let cool for 10 minutes. Using a long spatula, transfer to a cutting board. With a sharp chef's knife, cut diagonally into 1/2-inch (1 cm) slices.
- Place cookies upright on baking sheet 1/2-inch (1 cm) apart, using 2 sheets, if necessary. Reduce oven temperature to 300°F (150°C). Return to oven and bake for about 25 to 30 minutes or until dry and lightly browned. Transfer cookies to a wire rack to cool. Store cookies in an airtight container, separating layers with waxed or parchment paper, for 1 week, or freeze for up to 1 month.

**Variation: Chocolate Chip Biscotti:**  
Omit lemon zest. Replace almond extract with **2 tsp (10 mL) vanilla extract**. Use **1 cup (250 mL) semi-sweet chocolate chips** instead of almonds.

## GOLDEN CITRUS FRUITCAKE

*Fruitcakes have often been belittled over the years. I admit I am not a fan of heavy dark fruitcakes laden with candied coloured citrus peel and cherries. However, this lightened-up version with apricots, figs, raisins and cranberries is a delightful change that requires less aging than old-fashioned fruitcakes.*

### MAKES 1 LOAF

Butter a 9 by 5-inch (2 L) loaf pan. Line bottom and sides with parchment paper and butter again.

Preheat oven to 300°F (160°C). Place shallow pan of water on bottom rack in oven. Arrange the second rack in the middle of oven.

**1 cup (250 mL)** chopped dried apricots

**1 cup (250 mL)** chopped dried figs

**1 cup (250 mL)** golden raisins

**1/2 cup (125 mL)** dark raisins

**1/2 cup (125 mL)** dried cranberries

**1/2 cup (125 mL)** Cointreau or Grand Marnier liqueur or orange juice

**3/4 cup (175 mL)** butter, softened

**3/4 cup (175 mL)** granulated sugar

**3 eggs**

**1 tbsp (15 mL)** finely grated orange zest

**1 tbsp (15 mL)** finely grated lemon zest

**1-3/4 cups (425 mL)** all-purpose flour

**1-1/2 tsp (7 mL)** baking powder

**1/4 tsp (1 mL)** salt



- Combine apricots, figs, golden and dark raisins, dried cranberries and Cointreau in a large glass bowl. Microwave at High for 2 minutes, stirring once. Let cool, stirring occasionally.
- In a large mixing bowl, combine butter and sugar; cream using an electric mixer until fluffy. Beat in eggs until incorporated. Stir in orange and lemon zests.
- In another bowl, stir together flour, baking powder and salt. Beat into creamed mixture until combined, then fold in fruit mixture including any remaining Cointreau.
- Spoon batter into prepared pan. Place on rack in middle of oven and bake for 2 hours or until cake tester inserted in centre comes out clean. Transfer to a rack. Let stand for 15 minutes. Lift cake out of pan and place on rack until cool. Remove parchment paper. Wrap cake in cheesecloth and drizzle with Cointreau, then wrap in heavy-duty foil and place in a plastic storage bag. Store in a cool dry place or in the refrigerator for at least one week before slicing.
- Wrap cake in cheesecloth and drizzle with Cointreau, then wrap in heavy-duty foil, then place in a plastic storage bag. Store in a cool dry place or in the refrigerator for at least one week before slicing.

*Tip: You can end up with a sticky mess when chopping dried fruits. I like to use my kitchen scissors or a chef's knife and spray the blades with non-stick cooking spray or neutral oil then snip or chop dried fruit into small pieces*





BY DESIGN 

# Grand Cypress Re-imagined

BY MAIRI VASIL



Designing your living space is an intimate experience. In that process, good friendships can develop.

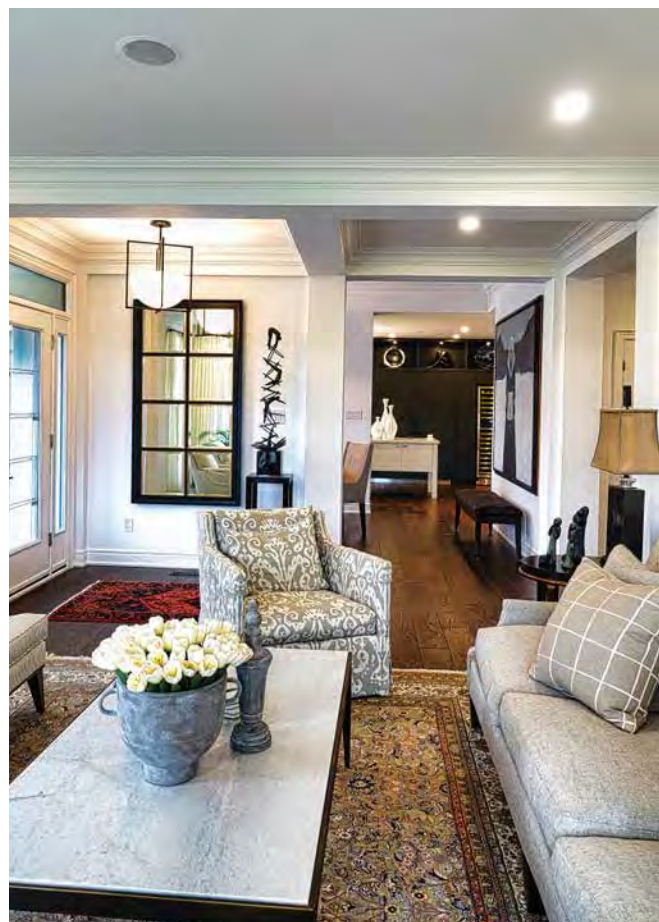
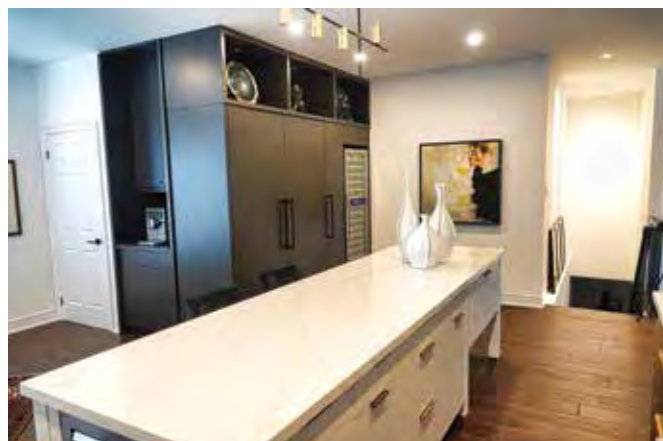
Kevin and Denise Ryan and I have a terrific design rapport and their sophisticated eye has made them dream clients. Over the years, we have designed many kitchens and bathrooms together with the help of Elaine at Fischer Custom Cabinets.

I think their latest renovation is one of the best. With the Grand Cypress model, our first area of concern was opening the kitchen to the rest of the living area. That required moving walls and totally rethinking the kitchen layout and adjacent rooms. By providing a sight line to the living space, installing a fantastic island, opening the staircase and adding a laundry room in the space originally built for a golf cart, I believe we accomplished that goal.


We extended the slick tuxedo style cabinets to the ceiling to accentuate the height of the room and we accessorized with chic understated hardware. From

the living area you see beautiful black cabinets with lit display units above, which perfectly camouflage the fridge, freezer, pullout pantry and wine fridge.

For the finishing touch, a pink sofa and a marble and brass table were just too decadent to pass up!





 beautiful black cabinets... perfectly camouflage the fridge, freezer, pullout pantry and wine fridge

Continued on  
page 32



We are still waiting for extensions for the kitchen and dining room light fixtures. Something you should keep in mind when purchasing fixtures for ceilings over 9 feet; light fixtures are rarely tall enough and may require extensions.

The arches and columns were removed at the entrance, along with all niches in the dining room and master bedroom. In doing so, we simplified architectural embellishments that may date a home.

Our little jewel box is the powder room! Black and white tiles installed in a stripe pattern and a glitzy chandelier paired with our striking high gloss vanity and glass art shows very dramatically. It's fun to be daring in powder rooms!

Art sets the stage for the dining room. The Purple Lady portrait always gets a place of honour and we were lucky to have just the wall! Fortunately we were able to reuse their existing dining room furniture ("Phew" .. that's Kevin breathing a sigh of relief), and,



although quite a contemporary style, it is still a warm and welcoming space.

The black den shook things up a bit! It is normally a dark room, so we embraced it. Darker walls can often create a more sophisticated feeling.

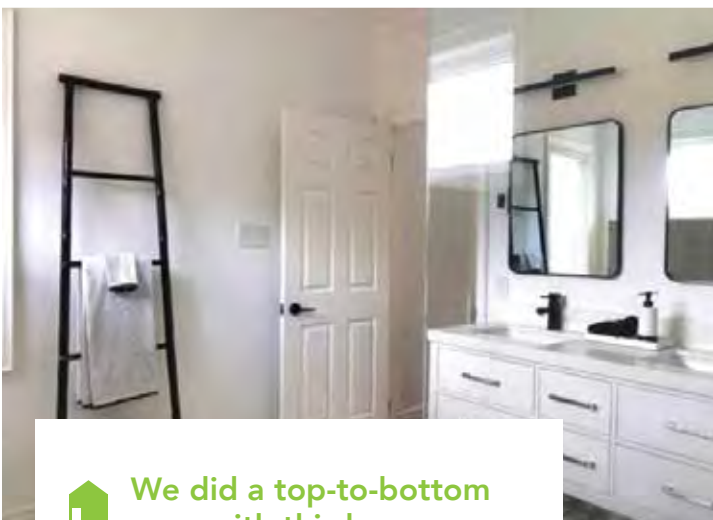
We did a top-to-bottom reno with this home. In following issues it is my hope to showcase other rooms, their challenges and how we transformed them.



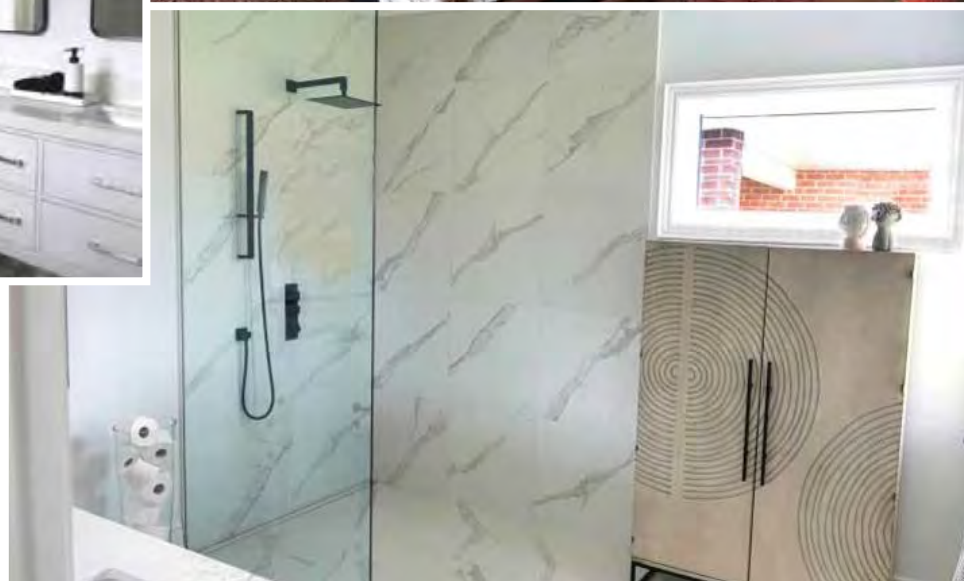
...we simplified architectural embellishments that may date a home



although quite a contemporary style,  
it is still a warm and welcoming space. 🏠



We did a top-to-bottom  
reno with this home





## HAWAIIAN GOLF

# Nirvana on Maui


 BY ANITA DRAYCOTT

Fuchsia sunsets, a cool floral lei around your neck, crashing surf and palm-studded beaches - Hawaii has all of the above...but so much more. When it comes to the world's best golf destinations, Maui's scorecard is a winner. And Lanai, originally known as the Pineapple Island, just a short ferry ride away, tempts with one of Jack Nicklaus's finest, Manele.



## KAPALUA

The Kapalua Resort on Maui's rugged northwest coast beckons with two championship courses. The Bay Course rolls to the edge of the sapphire Pacific. In winter you might be distracted by the antics of giant humpback whales frolicking offshore. Palm trees, ironwoods and stately Cook pines line the verdant fairways.

This is your ideal warm up round before tackling the challenging Plantation Course where the likes of Tiger Woods and Sergio Garcia have competed in the annual PGA Tour Tournament of Champions held in January. Designed by Ben Crenshaw and Bill Coore, the par-73 layout features massive bunkers, sweeping slopes, dramatic contours and panoramic views of the Pacific from virtually every hole.

*Golfweek* magazine has rated The Plantation number one in Hawaii for 10 consecutive years. Generous fairways and greens and lots of downhill tee shots appeal to both high and low handicappers. You might hit the longest drive of your golfing career with the aid of gravity on number 18. Both tracts are Certified Audubon Cooperative Sanctuaries.

You'll be spoiled for choice when deciding where to stay at Kapalua, from the ritzy Ritz Carlton to the spacious Kapalua Villas.

[www.kapalua.com](http://www.kapalua.com)



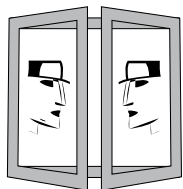
**Continued on page 36**

# A Great Smile Lasts A Lifetime.

A proactive approach to good oral health never gets old, plus maintaining healthy teeth and gums has a positive impact on overall wellbeing. Let our experienced and friendly staff show you how.

6212 Main Street, Suite 206  
(East of the GO Station)

(905) 642-7474  
stouffvillefamilydentistry.ca



**TWINS**  
WINDOWS AND DOORS  
*Over 40 Years Experience!*

Adi Krikunez  
www.twinswindows.com

**Specializing in:**  
*Vinyl Windows  
Stained Glass  
Patio Doors  
Steel Doors*

**CALL TODAY!**  
**416-473-0520**

## “Picture Your House Sold”



**Bryan Black**

Sales Representative

*‘It’s all about the service’*



### To Reach Bryan:

Direct: 416-709-6699  
Office: 905-640-1200  
Email: bblack@rogers.com

5226 Stouffville Rd., Stouffville, ON L4A 3S8



EYE EXAMS AVAILABLE

**905.640.3537**

6292 Main St., Stouffville  
www.vividoptical.ca

follow us:   



## KA'ANAPALI

For over a decade Ka'anapali beamed Hawaiian golf and a backdrop of gorgeous tropical scenery into the homes of TV viewers of the Senior PGA Tour's Ka'anapali Classic, making them want to grab their clubs and head to paradise.

Before you play the North Course, you might want to head to Ka'anapali Beach the day prior to watch the sunset. Not only is it memorable but it also might just help your score. The greens on the North Course are notorious for their strong grain and a useful factoid to remember is that the ball will break toward the setting sun. You should also be prepared to play in a stiff wind. Course architect, Robert Trent Jones Sr. took advantage of the rolling terrain to create undulating fairways. The result is that flat lies are few and far between. The late Arnold Palmer commented that the par-four finishing hole is one of the most challenging he'd ever played.

The premise of Arthur Jack Snyder, architect for Ka'anapali's South Course, is that golf should be fun. The good times begin on the par-five number one that oozes with birdie potential. This par-71 course is very user friendly but it's no waltz in the park. The fairways are relatively tight and those prevailing trade winds need to be factored into your course strategy.

After your round, dine at Roy's Maui in the golf clubhouse. Japanese-born chef Roy Yamaguchi invented what he calls Hawaiian Fusion Cuisine. I recommend his signature dish, the Dim Sum Canoe for Two – crispy and seared shrimp, crab gyoza, baby back ribs and ahi tuna poke presented in a mini dugout canoe.

[www.kaanapaliresort.com](http://www.kaanapaliresort.com)

## WALEA

Further south on Maui's west coast, many tourists flock to Wailea where a stretch of swanky resorts linked by a seaside footpath cater to the most discerning sun worshippers, spa goers, gourmands and golfers.

The Wailea Golf Club encompasses two clubhouses, a twelve-acre training facility and three eighteen-hole layouts—the Blue, Emerald and Gold Courses. Both *Golf Digest* and *Golf Magazine* named Wailea one of the nation's finest golf resorts, recognizing not only the quality of the courses but also the calibre of the destination.

The Blue is your quintessential Hawaiian layout with wide, manicured fairways that flow with the natural undulations of the volcanic foothills upon which they are laid, interrupted here and there by coral sand bunkers, lakes, fountains and fragrant Plumeria trees.

You'll want to bring your "A" game to Wailea's Gold Course. Scoring well here is not so much about pounding your Titleist as far as you can, but more about

accuracy and finesse. Brains over brawn triumph on the superb design by Robert Trent Jones II.

The same designer gave Wailea's Emerald gem what he calls feminine characteristics, referring to the course's softer visual appeal. There are few forced carries and the landing areas are genial. Here you'll get an occasional whiff of an exotic blossom and plenty of ocean vistas. The Emerald has often been applauded for its female-friendly design, but don't let the beauty fool you, there's plenty of challenge for both sexes and all handicaps on this 6,825 yard siren.

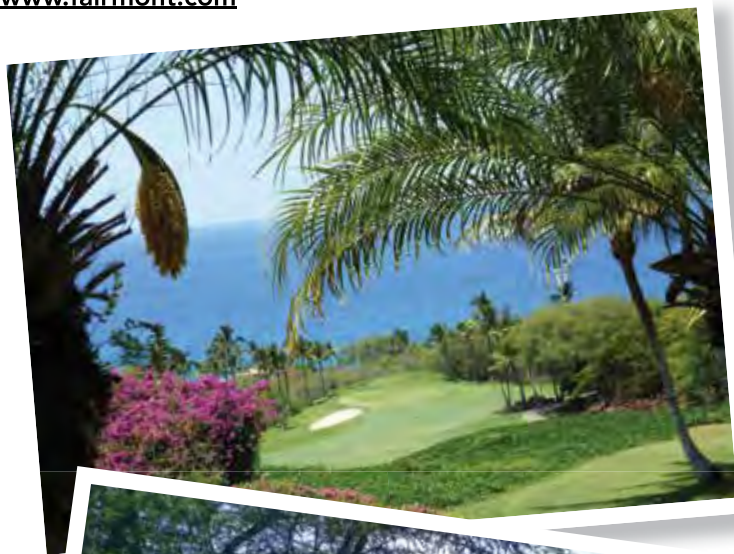
[www.waileagolf.com](http://www.waileagolf.com)

Across the road from the Wailea courses, the Fairmont Kea Lani (means heavenly white), a confection of Moorish and Mediterranean architecture, sits prettily on 22 acres of tropical gardens and pools leading to the white sands of Polo Beach.

Each grand suite features a huge marble bathroom, separate living room, mini kitchenette and private balcony. The villas are ideal for larger groups.

At Fairmont's poolside Ko restaurant, the menu was inspired by Hawaii's sugarcane era when the cuisines of plantation workers became a Hawaiian melting pot of Chinese, Filipino, Portuguese, Korean and Japanese influences.

[www.fairmont.com](http://www.fairmont.com)





# Here to Help

## Home Care Services

**We believe you can stay at home**

- Support with life's essentials
- Personal care
- Medication management
- Alzheimer's and dementia care

Book your **FREE** Home Safety Consult today

# 905.251.2696

[www.heretohelphomecare.ca](http://www.heretohelphomecare.ca)






**Thinking of buying New, Used, or Leasing?**  
**You can count on King Arthur!**

**ARTHUR ROBERGE**  
**New, Used & Leasing Specialist**  
Tel: (905)-642-6688 ext. 220  
Cell: (647)-385-5777 (Call anytime!)  
Fax (905)-642-1851  
Service: (905)-642-9558

1288 Millard Street (at Hwy #48)  
Stouffville, ON L4A 0W7  
Email: [arthur@stouffvilletoyota.ca](mailto:arthur@stouffvilletoyota.ca)  
[stouffvilletoyota.ca](http://stouffvilletoyota.ca)

**I'll treat you like ROYALTY!**  
Just like several happy customers from the Ballantrae Community!

Stouffville | 



RBC Dominion Securities Inc.

## Wealth management advice in Ballantrae

For over 28 years, Alasdair has been helping clients achieve their financial goals.

Contact him to discuss:


- Retirement strategies
- Discretionary or managed portfolios
- Charitable giving
- Tax-efficient transfer of assets
- Will and Power of Attorney reviews



**Alasdair Patton**  
Senior Portfolio Manager and Wealth Advisor  
RBC Dominion Securities  
905-841-5059  
1-855-214-1263  
[alasdair.patton@rbc.com](mailto:alasdair.patton@rbc.com)

 **Wealth Management**  
Dominion Securities

RBC Dominion Securities Inc. and Royal Bank of Canada are separate corporate entities which are affiliated. \*Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. ® / TM Trademark(s) of Royal Bank of Canada. Used under licence. © 2022 RBC Dominion Securities Inc. All rights reserved. 22\_90409\_307C\_001



## P.B. Upholstery

Residential • Commercial • Marine

**Peter**

Bus.: 905-642-2189 • Cell: 416-220-9558  
Email: [pbupholstery@hotmail.com](mailto:pbupholstery@hotmail.com)  
14365 Highway 48, Stouffville ON L4A 3B3




**Pharmacist/Owner, Stouffville IDA**  
**Rob Croxall**

I have been a community pharmacist here in Stouffville for over 30 years. I believe that independent pharmacy allows us to tailor our services to meet our customers individual needs.

My pharmacy team and I are committed to providing superior, professional care.

**"Your health is our priority."**

**I am the "I" in** 

6212 Main Street, Stouffville, ON L4A 2S5  
P: 905 640-3324 F: 905 640-3326 E: [ida.stouffville@gmail.com](mailto:ida.stouffville@gmail.com)

# More Good Reasons to Visit [www.hotg.ca](http://www.hotg.ca)

The [hotg.ca](http://www.hotg.ca) team is working hard to make our community website and our newsletter the best it can be. We invite you to visit regularly to keep up-to-date with the goings-on around the Ballantrae Golf and Country Club.

If you haven't signed up for our regular e-newsletter, you can do so by going to the **BGCC Resources** tab on the main menu and scrolling down to the **HOTG** section. Once there, click on **HOTG Newsletter** and you will find past newsletters as well as a link to subscribe. Our snowbirds can even download the latest *Home on the Green* magazine in the **HOTG Magazine** section.

Content on [hotg.ca](http://www.hotg.ca) is updated almost daily:



**Activities and Clubs** is where you will find links to our **Library** and **Social Committee** sections among others.



**Classifieds** is a resident favourite as well as **Photos**.



One very useful link is the **Resident Organized Activities** section where all clubs and activities run by residents are listed along with contact information. Note that they are also listed in the Calendar under Event Category = Activities.

Golf - Men's League	Tuesday Morning	Yes	Jay Adams or Bob Craig or Norm Bresser	<a href="mailto:ballantraegolf@ballantraegolfmail.com">ballantraegolf@ballantraegolfmail.com</a> to reach any of the organizers
Handmade Greeting Card Club	Tuesdays 10:30 am - 12:30 pm	Yes	Yes	Gail Knaggs <a href="mailto:thebookster@rogers.com">thebookster@rogers.com</a>
Lawn Bowling	League Bowling: - Mon night - Tues morning - Wed night  Drop-in Bowling: - Sat morning Sun afternoon	Yes	Yes	Jeanne Christie <a href="mailto:robandjoannebowling@aol.com">robandjoannebowling@aol.com</a>
Library	Click on link at left to view Library web page	Yes	Pat Reid	<a href="http://www.midsicard.ca">midsicard.ca</a>



Your **Condo** has its own section and this is where you can find past communications from your board, **First Residential** newsletters as well as information for new residents, a listing of the board of directors, forms and procedures, etc.



The **Recreation Centre** section of [hotg.ca](http://www.hotg.ca) is where you will find the listing of fitness classes, upcoming seminars, pool schedule along with contact information.



Make sure you also check out the **Healthy Lifestyle Blog** under **BGCC Resources** and if you haven't already read "Gluttony and Sloth," it is well worth it.



## CONTACT US AT

Webmaster: [webmaster@hotg.ca](mailto:webmaster@hotg.ca)  
Classifieds: [classifieds@hotg.ca](mailto:classifieds@hotg.ca)

Events: [events@hotg.ca](mailto:events@hotg.ca)  
Photos: [photos@hotg.ca](mailto:photos@hotg.ca)

And if you haven't signed up for the **HOTG Newsletter**, contact [webmaster@hotg.ca](mailto:webmaster@hotg.ca).





## RENEW YOUR SPIRIT. REFRESH YOUR LIFESTYLE.

It's a perfect time to make a fresh start.  
At Amica Senior Lifestyles, you'll find the  
premium lifestyle you're looking for,  
the social connections you want, and care  
personalized to your needs. Find out how Amica  
can help you make this a season of opportunities.

Join us for a complimentary lunch and private tour.

PLEASE CALL TO LEARN MORE

### AMICA

SENIOR LIFESTYLES

AMICA NEWMARKET • AMICA SWAN LAKE  
AMICA UNIONVILLE • 416-487-2523

## Recycling & Junk Removal

Houses Fully/Partially Emptied of Unwanted Items  
Ministry of Environment Approved  
Moving & Relocation Specialists

**Complete Upfront Flat Rate Price**



905 640 6411      clarksonmovers.com  
info@clarksonmovers.com

**Aaron Calder CIP**  
*Integrity, Choice, Dependability*

Home  
Auto  
Business  
Life

Paying too much for insurance?  
Is your coverage adequate?  
It would be a pleasure being your  
trusted insurance advisor!

Office (905) 830-9000 Cell (416) 908-4397  
aaron@icdinsurance.ca

**Heating & Cooling Services**  
**You Can Count On**  
**In York Region**

Visit our Showroom at 55 Industrial Pkwy S in Aurora

**Summers & Smith**  
COOLING & HEATING LIMITED

**905-727-2323**  
summersandsmith.com

# A Tribute to the Passing of Queen Elizabeth II

BY ALISON THOMAS



Having moved to Long Stan in Condo 3 on Thanksgiving weekend three years ago, we have been welcomed with open arms by the neighbours on our street. The ladies here have formed a special bond and have regularly gathered for Christmas dinners, summer BBQs and movie nights.

Unfortunately, these good times were halted due to COVID but these ladies did not let that deter them. They still organized happy hours and Christmas celebrations outside or in their garages with heaters and patio furniture. I was so thrilled to meet all of them. As the weather improved, patio lunches were arranged monthly and even a summer neighbourhood BBQ in the green space with ALL social protocols met.

This past year, we have met numerous times for driveway happy hours...all it takes is one of us to put the "cocktail congregation" pendant on our lawn and we know to bring a chair and a beverage around 4:30 pm to enjoy some time together. Sometimes our husbands are included! From these gatherings we now refer to ourselves as the "Real Housewives of Ballantrae."

At our last happy hour after the Queen's passing on September 8, we were sharing memories and discussing how strongly we felt about her passing. Interestingly, but not surprisingly, most of us have direct roots to the United Kingdom. Some were born there, while others had parents and grandparents who emigrated from the UK. We all remember singing "God Save the Queen" in school. A few even remembered singing "God Save the King." It was suggested we honour the Queen with high tea and watch her funeral together on September 19.

Plans were made very quickly with Bette and Frank Allison volunteering their home for the occasion and recording the early morning events from the UK so we could all view it later. Everyone was to contribute to a traditional high tea with items such as cucumber sandwiches, egg sandwiches, salmon rolls (with no crusts), sausage rolls, scones with jam, cream and strawberries, as well as petite cakes and of course English sherry and Prosecco for the toast. We also had to dress the part, so we all searched for forgotten pieces of jewellery and black "paraphernalia" to complete the day.

This tribute event was something we wanted to share with our Ballantrae friends along with interesting stories from our children and grandchildren who felt impacted by the passing of the Queen. She was a true example of dedication to duty and service to her country and the Commonwealth throughout her whole life. I do not believe we will witness anyone like her again.

In closing, we have to thank Frank Allison and Dave Boyle who took on the task of butlers for the day.

"God Save the King"





Est. 1988

# STOUFFVILLE

## GARAGE DOORS

# 905.642.3217

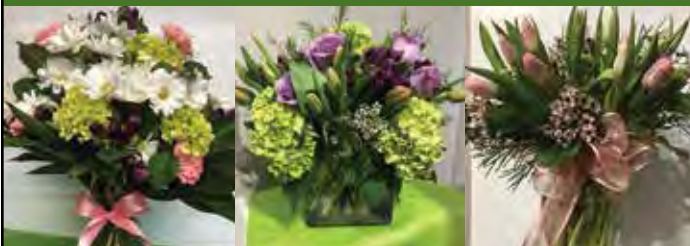
For all of your **GARAGE DOOR** Needs!

E: [sgd@bellnet.ca](mailto:sgd@bellnet.ca)

\*Same Day Service\*

\*Senior Discounts\*

## Lindy's Floral Boutique



6287 Main Street  
Stouffville

905-640-2632  
Lynda Sargeant

Our Goal is simple,

## Feel Better. Live Well.

Physiotherapy

Post-Op Rehabilitation

Cancer Rehabilitation

Registered  
Massage Therapy

Chiropractic

Shockwave/Laser

Braces & Orthotics

Pelvic Health  
Physiotherapy

Virtual Physiotherapy



Proudly Serving  
Whitchurch-Stouffville and  
surrounding areas since 2009



905-640-9100  
[fusionphysio.com](http://fusionphysio.com)

15 Ringwood Dr. Unit 1B Stouffville, On L4A 8C1

Serving Uxbridge and surrounding  
areas for over 35 years

## Holiday Shopping

in the heart of **Uxbridge**

Watches | Diamond Jewellery | Fashion Jewellery  
Pandora | Custom Design | Family Jewellery | Engraving  
Vintage Jewellery | ...and so much more!

### JANUARY SPECIALS

Free Ring Cleaning & Inspection  
+ 50% off Insurance Appraisals

Done on premises | While-you-wait service available



RUTLEDGE  
JEWELLERS

905-852-7846  
82 Brock St. W., Uxbridge  
[www.rutledgejewellers.com](http://www.rutledgejewellers.com)





# Pocket Concerts Return to Ballantrae!

BY: LORRAINE FARRO



Left to right: Jeremy Potts, Emily Rho, Amahl Arulanandam, Rory McLeod

On Wednesday afternoon, Sept 14, we were treated to a long-awaited indoor pocket concert at our Ballantrae Recreation Centre. For those of you who are unfamiliar with a “pocket concert,” it is a concept started by husband and wife professional musician team Rory McLeod and Emily Rho as a way to bring classical professional concerts to small venues, thereby creating a more intimate personal setting between the musicians and the audience.

The quartet consisted of Emily Rho/Piano; Amahl Arulanandam/Cello; Rory McLeod/Viola; Jeremy Potts/Violin. The hour-long performance included the beautifully lyrical Schumann Piano Quartet Op. 47 in E flat as well as two exciting but diverse short Canadian composed pieces – *Jonny Pippy of Pouch Cove, On a Bicycle at Dawn* by Sarah Slean and *Great River Blues* by David Braid. The concert music selections were eclectic to say the least, which was a good thing. There was something for everyone to either love, or to be surprised by... music they would have never thought to listen to on their own.



Afterwards there was a Q&A with the musicians which was probably one of the most insightful Q&A's we have ever had post-concert. Many attendees I spoke to afterwards were amazed at the extent the pandemic had affected/changed the musicians. For some it led to more introspective practice, while for others it led to being free of continuous practice since the age of three – a revelation of sorts! As their regular incomes dwindled, these musicians found other ways to make ends meet. Jeremy taught himself how to code and now develops websites on the side. Emily and Rory went for further MA degrees and work in music-related business fields as well as keeping up their professional playing “gigs.” On a different note (no pun intended), a fun trivial fact we learned about Amahl, is that he was born in Newfoundland.

Following the Q&A there was a social time to mix, grab a delicious bite to eat, drink, talk with the musicians one-on-one and visit with neighbours and friends.

Some told me it was the “best” pocket concert ever! We have all had our favourites over the past few years, however, without a doubt this was probably the most appreciated as we all came together after a long wait.

Thank you to all who supported the concert and helped out in any way. You made the event a tremendous success! It was pure joy.



## MADE BY ONE FAMILY FOR ANOTHER

As a family-owned business, we know there's nothing like the cozy feeling of gathering around the warmth of a fire with loved ones. A Napoleon fireplace creates the perfect ambiance to make memorable moments, and enhances the design of a home for lifetime enjoyment.



[NAPOLEON.COM](http://NAPOLEON.COM)



# No-stress Women Wind Up their Summer

BY JEANNE CHRISTIE AND NANCY FORTY

Winding up a summer of golf was easy for a group of women who are typically not “wound up” at all. It did not faze us that on our final day the weather was not fit for golf. We just gathered indoors in time for lunch at the Royal Stouffville Golf Club. We started with an expanded version of an indoor putting contest by using much of the banquet room for the activity. Karen Hewitt and Jeannette McGuire were our winners and therefore first up to our very extensive prize table.

When not putting, we took turns using the reality headsets that our sponsors from RBC Dominion Securities Inc., Alasdair Patton and Kelley Lang, brought with them. These gave us an idea of how the metaverse will eventually be able to put us in contact with friends, family and businesses anywhere on the planet without moving from the comfort of our own couch.

Before lunch we recognized our volunteer tee hostesses and our away day organizers. We also

recognized our most frequent golfers, Nancy Rzeznicki and Chris Sin, with 17 visits each.

After lunch, Alasdair, who in the past has educated us on the subjects of cryptocurrencies, bitcoin, blockchains, non-fungible tokens (NFT's) and all things to do with wills, led us through the world of the metaverse. Beware! It's coming!

On parting, we reminded everyone to greet new Ballantrae neighbours with an invitation to join our group next spring. Have a safe, happy and healthy winter.



# Thursday Ladies' Nine-Hole Golf League

BY HANNA GALYEN

Our Thursday Ladies' Nine-Hole Golf League ended on October 6, 2022 with a wonderful game at Spring Lakes Golf Course and a sumptuous luncheon afterwards. Many of our friends and neighbours seek warmer climates after mid October, so we close at that time.

We are a group of ladies who enjoy golf, but we also enjoy socializing afterwards. During our 2022 golf season we played 22 games at five different golf courses.

At the end of the season we were able to donate an extra \$300 to the Stouffville Food Bank.

If you would like to join our fun-filled ladies' golf group, please contact me directly, and I will add you to our email distribution list for 2023.

Hannelore (Hanna) Galyen  
[hanneloregalyen@rogers.com](mailto:hanneloregalyen@rogers.com)  
 Cell: 416-543-7308



# SH Seamless Health

AESTHETICS & WELLNESS



## Nurse Practitioner Led Clinic

- ✓ Botox and Dermal Fillers
- ✓ Ultherapy non-surgical face lift
- ✓ Skincare and treatments
- ✓ Mole scanning for cancer
- ✓ PRP Joint Injections
- ✓ EMSELLA and EMSculpt NEO

Seamless Health  
175 Mostar St, Suite 106  
Stouffville ON L4A 0Y2  
Office Voice/text: 416-639-8791

www.seamlesshealth.ca  
hello@seamlesshealth.ca  
Instagram: @seamlesshealth  
Facebook: @seamlesshealthstouffville



## Tri-Aqua Water Systems Sales-Service-Rentals Repairs to All Makes

Toronto 416-412-1071  
Stouffville 905-642-9077  
Newmarket 905-841-2990  
Toll Free 1-888-663-3368

"The right unit for the right job at the right price."

www.TriAquaWater.com



## Cozy World Inc.

HVAC Specialists

Home Heating & Cooling Since 1991

Call us (416) 855-3651

Dave Lennox  
**PREMIER DEALER™**  
LENNOX

We Sell, Install and Service  
Furnaces, AC's, Tankless Water Heaters,  
Humidifiers and Filtration Systems

- Fully Licensed
- TSSA Registration
- HRAI Registration
- Insured & Bonded
- Rated A+ BBB
- HVAC installers are factory trained
- Thousands of online reviews on Homestars and Google

We are located at:  
16 Sims Cres., Unit 27  
Richmond Hill, ON  
L4B 2P1

YOUR Community REALTY™

ROYAL LEPAGE

BROKERAGE INDEPENDENTLY OWNED & OPERATED

**Gary Davis**

Sales Representative

OFFICE: 905-940-4180

CELL: 416-803-1908

EMAIL: gdavis905@yahoo.com



Gary receives PLATINUM award for 2017  
from  
Broker of Record/Owner, Vivian Risi.  
(Top 5% for Royal LePage)

**Gold Sponsor for  
BGCC Summer Games**

Not intended to solicit clients currently under contract with another brokerage

CALL **GARY DAVIS: 416.803.1908**

**YOUR BALLANTRAE NEIGHBOUR**

KNOWLEDGE

EXPERIENCE

EXCEPTIONAL SERVICE



# The Ballantrae Craft Show Returns

BY KAREN CLARK

A huge thank you to Pat Pearson and Carol McNaughton for bringing our Ballantrae Craft Sale back to life after a three-year hiatus. The October event has always been a highlight for the community and to the shoppers' delight, an excellent variety of vendors didn't disappoint. Carol, left, is seen here with her "Stamped, Stitched and Beaded" handcrafted cards.

**Meet Raffaela Caruso who uses her skill and love of crochet to support a charity close to her heart.**

On the board of an organization called WaterCan, Raffaela was invited to participate in a field trip in 2016 to Ethiopia and Tanzania. While she was in Africa she was privileged to witness first-hand a well in its first operation spewing out water! Her family businesses, CIVELLO salons and Collega Inc., a Canadian distributor for salon-spa products, supported WaterCan by encouraging their staff and network of spa clients to do fundraising



events each year during Earth Month. Over a three-year period they raised over four million dollars. All of the proceeds from her creations continue to go to this worthy cause. From toys, blankets and clothes, she will take orders for custom pieces and is in the process of making crocheted dresses for her granddaughters. Contact Raffaela: [raffsamcaruso@gmail.com](mailto:raffsamcaruso@gmail.com)



Carol McNaughton and Pat Pearson



Family fun



Crochet by Raffaela Caruso

### Art by Meral

Who knew that an internationally recognized artist lives down the street from me? Meral Altinbilek's watercolour paintings reflect her affection for the beauty of nature. A past president of the board of Trustees of the Robert McLaughlin Gallery in Oshawa and past president of the Oshawa Art Association are only a few of her accomplishments. Her paintings hang in public and private collections in Canada, US and Europe. Her work is also reproduced in the form of cards. Contact Meral: [meral@artbymeral.com](mailto:meral@artbymeral.com)



### Need an idea on how to use your Ballantrae crawl space? Ask Keith Phillips

During the government's COVID lockdown, Keith decided to set up a woodworking shop in his crawl space. Complete with a variety of saws, a drill press and an array of tools, his creations came to life after many hours of reviewing YouTube "how to" videos. From cutting boards to bird houses, creative Christmas trees and trivets made from spent corks, he has certainly made good use of his time. The highlight was making the centrepiece rounds for his niece's wedding. He is pictured here with his wife, Lynn.



### A training tool turns into a successful business.

As a small business consultant, Eileen MacIsaac was teaching a group of women how to start their

own businesses and used some oven mitts that her mother had given her as an example. The women in the group said, "You should make these." Upon returning home from her class, her husband Paul agreed. Be careful what you wish for. She took it upon herself to start sewing these mitts that are used for taking hot items out of the microwave. She trademarked the name, MicroMitts™ and a business was born. The whole family participated and watching TV was usually accompanied by working on mitts. Eileen recalls, "One neighbour joked that he saw us put the sewing machine in the back of the van when we went on vacation!" Selling her wares at Signatures craft shows (a rival to the One of a Kind Show) was so successful that Eileen would be at home sewing more mitts while her father-in-law ferried them to Paul, at the show, to keep up with demand.

Contact Eileen: [eileen.macisaac@rogers.com](mailto:eileen.macisaac@rogers.com)



### Susan Kefer creates her jewelled pieces with sensitivity.

As with most women, Susan has always loved jewellery and taking inspiration from instructional books, started making her own. Friends began requesting custom pieces and as her collection grew, she ventured into the craft show circuit. With so many people with sensitivities to metals, she strives to offer non metal clasps on her beaded works. We hope to see some more of her handiwork at our next show as she also dabbles in pastels, sewing and crochet. Contact Susan: [smkdesigns@rogers.com](mailto:smkdesigns@rogers.com)





# BGCC Tennis Club

There were lots of smiling faces this season as the BGCC Tennis Club was in full swing following two years of COVID restrictions. For those of you looking for a fun way to exercise and meet new people, consider joining this social tennis group. There is an activity for all levels of play. The Mixed Drop-In group that



ran Monday, Wednesday and Saturday mornings was the most popular this year. Members could play as long as they wanted with no sign-up required. The Men's League and the Ladies' League also had good participation and hardy souls played well into fall. The 2023 executive will be working hard over the winter to develop tennis activities and expand the social program. Watch for the April 29, 2023 registration information on the [www.hotg.ca/tennis](http://www.hotg.ca/tennis) site and in the spring issue of *Home on the Green*.





## Stouffville Family Footcare

Donna Shewfelt D.Ch.  
Chiroprapist • Foot Specialist

- Custom Casted Orthotics
- Ingrown Toenail Surgeries
- Arthritic, Elderly and Diabetic Footcare
- Thick, Fungal and Ingrown Toenails
- Callous, Corns, Warts
- Heel, Arch and General Foot Pain
- Powerstep Insoles
- Orthopaedic Footwear
- Footcare Medical Supplies
- SIGVARIS Medical Compression Stockings and Socks

*37 Sandiford Dr., Suite 102*  
*905-640-7703*

**Fast & Easy  
Treatment**  
*for Stubborn  
Foot Warts*



[www.theHUNTison.ca](http://www.theHUNTison.ca)

**OUTSTANDING AGENTS,**



**THE HUNT TEAM**

**OUTSTANDING RESULTS!**

**Helen Hunt**  
Sales Representative

**416 417 5864**  
[helen@thehuntison.ca](mailto:helen@thehuntison.ca)

**RE/MAX**

Remax Hallmark York Group Realty, Brokerage



**The HUNT Is On**

**Taylor Hunt**  
Sales Representative

**416 417 1120**  
[taylor@thehuntison.ca](mailto:taylor@thehuntison.ca)

**WE KNOW  
BALLANTRAE**

Not intended to solicit clients currently under contract with another brokerage.



## Ballantrae Ladies' Golf League

The ladies play 18 holes on Monday mornings starting at 9 a.m. We are a group of golfers of all abilities who like to socialize, exercise, enjoy the fresh air and have fun. If you want to join us, please contact Sandy Hinch.

[sandyhinch@hotmail.com](mailto:sandyhinch@hotmail.com)

905-591-3552

416-522-5364

## Social Committee Events for 2023

### Ladies' Dine Around

summer and fall

### Pacemakers

three performances – TBA

### Pocket Concert

September

### Ladies Christmas Lunch

November

### Christmas Dinner Dance

possible change of venue  
– December

### Military Whist

(board game) – winter

### Karaoke

May

### Fashion Show

spring or fall

### Theatre/Bus Trips

TBA

### Murder Mystery Event

TBA

## Ballantrae Men's Golf League



It was great to get back to regular golf for our 2022 season after two years of COVID restrictions.

Our members are all looking forward to the official start of our 2023 season on Tuesday, May 2, 2023.

Our opening day luncheon will be held Tuesday, April 25, 2023.

Our BMGL is open to anyone who lives in our Ballantrae Golf Club Community.

Our motto is: **HAVE FUN, ENJOY THE GAME and MEET YOUR NEIGHBOURS.**

If you wish to join or want additional information, please go the *HOTG* website and look us up under Activities & Clubs – Golf.

Or you can contact us at  
[ballantraemensgolfleague@gmail.com](mailto:ballantraemensgolfleague@gmail.com)

## NOTICES

## Name Tags Available for \$10 each

Are you new to Ballantrae Golf & Country Club?

Do you need a replacement name tag?

Please contact:  
Jane Smith 905-640-4008



## NEW BALLANTRAE LICENCE PLATE FRAMES AVAILABLE



**COST: \$5 A PAIR**

**CONTACT: RON BREWING,  
905-640-8836**

DixonGarland  
.com

9\*5  
294  
2\*3\*



PACK

Your

HOLIDAY

Full of

Joy!

## Stouffville Honda is your AWD Destination



Bring in this ad and you will receive a  
**\$250 Stouffville Honda Service Credit**  
with every new or pre-owned vehicle purchase.

*See dealer for details.*



**Your Local Community Honda Dealer**

[www.mystouffvillehonda.com](http://www.mystouffvillehonda.com)

**289-451-0087**

35 Automall Blvd., Whitchurch-Stouffville



# 2023 Ballantrae Summer Games

BY PHIL BANNON

**Saturday, August 19**

to

**Sunday, August 27**



**MAY**  
**06** Registration Day,  
Saturday, May 6, 2023

**AUG**  
**19** Family Day  
Saturday, August 19

**COST**  
**\$40** per person

The games are coming back! It has been a long three years since we enjoyed the fun, excitement and activities of the Ballantrae Golf & Country Club Summer Games. While we continue to shed the remnants of COVID, the new fall cold and flu season and for many, the destruction from Hurricane Ian, the planning process begins.

It is time to put our community back on the map. Our Summer Games have been one of the largest and most recognized community events in York Region since 2007 by every level of government and local businesses.

We are rebuilding the games from the ground up. We will be featuring new ideas, new activities and lots of new participants.

Come out and meet your neighbours, make new friends and enjoy live entertainment under the big tent. There will be dancing, social and competitive events, refreshments and a variety of food. Find out what a real community is all about.

Notices and updates will be coming your way through your individual condo boards and

from our partner, *Home on the Green* (website, newsletter and magazine), who have agreed to provide communication support for the 2023 Summer Games.

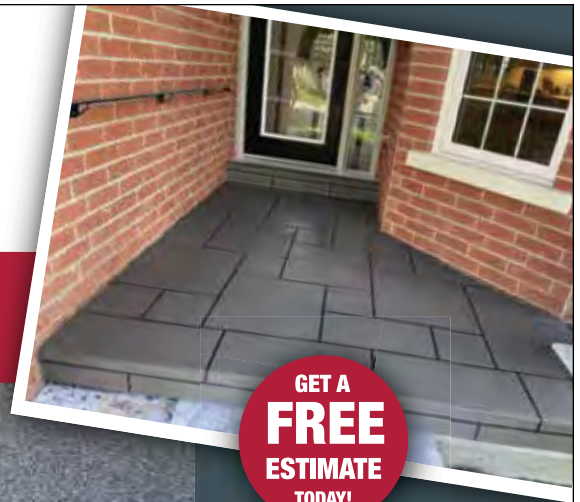
The planning process is well underway. Official registration day is Saturday, May 6. The cost is \$40 per person. We will be featuring approximately 48 events. Opening day will feature official ceremonies and a Family Day full of activities, food and refreshments. You are encouraged to invite your children and grandchildren to share in the celebration of our community.

Further information and updates will be coming your way as committee members, condo and sport captains and volunteers reach out to register participants and teams. Points are awarded to the condo with the most registrations for the games. Sunday, August 27, is dedicated to award presentations, dancing and celebrating your place in history as 2023 Summer Games champions.

Phil Bannon  
Chair, 2023 Summer Games



**DURABLE + BEAUTIFUL**  
**PORCH AND GARAGE FLOORS!**



GET A  
**FREE**  
ESTIMATE  
TODAY!

**COMPLETED**  
**OVER 250 PROJECTS**  
**WITHIN BALLANTRAE**

CONTACT US TODAY FOR MORE INFO | 905.715.1624 | [INFO@FLUIDROCK.CA](mailto:INFO@FLUIDROCK.CA)

[FLUIDROCK.CA](http://FLUIDROCK.CA)

A PLACE TO  
*live well.*

**SENIOR** APARTMENTS,  
**INDEPENDENT** LIVING  
& **ASSISTED** LIVING

**DELMANOR**

*Aurora*  
*Inspired Retirement Living™*

25 BUTTERNUT RIDGE TRAIL, AURORA

**905-503-9505**

**[DelmanorAurora.com](http://DelmanorAurora.com)**





# Advertisers Index



## AUTO SALES, SERVICES, TAXIS

Art Sanders, Transportation	18
Frank's Wexford Service Centres Ltd.	16
Main Street Limousine	14
Pat's Body & Paint	16
Stouffville Honda	51
Stouffville Toyota	37

## FASHION

Peppertree Classics	6
---------------------	---

## FINANCE, INSURANCE, PROFESSIONAL SERVICES

ICD Insurance Brokers	39
RBC Dominion Securities Inc.	37
Rempel Capital, iA Private Wealth	2
Thomas and Pelman Professional Corporation	12

## FUNERAL HOMES

Chapel Ridge Funeral Home	12
Dixon-Garland Funeral Home	51

## FURNITURE & APPLIANCES

Card's Appliances & Televisions	10
Modern Home Furniture	4
Stouffville Fine Furniture	24

## GOODS & SERVICES

Ballantrae Geek Computer Services	12
Clarkson Auctions & Movers Inc.	39
DS Flooring	26
Hank "The Painter"	26
Lindy's Floral Boutique	41
PB Upholstery	37
PC Doctor	6
Phoenix Electrical Services Inc.	18
Redfearn, Zizek & Assoc. Inc., Interior Painting	10
Rotostatic	4
Rutledge Jewellers	41
Tri-Aqua Water Systems	45
Water Systems Plumbing & Drains	4

## HEALTH FOR PEOPLE & PETS

Ballantrae Pharmacy	18
Fusion Physiotherapy & Wellness Centre	41
Here to Help Home Care Services	37
Park Drive Dental Centre Inc.	12
Seamless Health Aesthetics & Wellness	45
Stouffville Family Dentistry	35
Stouffville Family Footcare	49
Stouffville I.D.A. Pharmacy	37
Vivid Optical	35

## HOME IMPROVEMENT

Cozy World Inc.	45
Dan The Drawer Man	2
Fischer Custom Cabinets Ltd.	OBC
Fluidrock Concrete Overlay Systems	53
Inside Out Decorating Centre	14
Kelly & Sons Roofing	8
Markville Carpet & Flooring	24
Napoleon (Wolf Steel)	43
Patti-Lynn Interiors	IFC
Quartz City	55
Renoasis	10
Rolltec Rolling Systems Ltd.	26
Stannah Canada Inc.	4
Stouffville Garage Doors	41
Stronor Bathworks	26
Summers and Smith Cooling & Heating Limited	39
Twins Windows and Doors	35

## REAL ESTATE

Gallo (Bryan Black)	35
Remax (Helen Hunt)	49
Royal LePage (Gary Davis)	45
Royal LePage (Joyce Dow)	8
Royal LePage (Carol Taplin)	IBC

## RESTAURANTS & FOOD

Hanson's	14
Off The Hook Fish Market	12

## SENIORS RESIDENCES

Amica	39
Delmanor Aurora	53
Stouffville Creek Retirement Residence	IBC

## TRAVEL

Stonehouse Travel & Tours	6
---------------------------	---

## PLEASE SUPPORT OUR ADVERTISERS

Home on the Green is provided to our residents at no cost. We appreciate our advertisers and hope, when you visit them, you will mention that you saw their ad in Home on the Green. Ads containing the house symbol indicate that the owners or managers of the businesses are residents of the Ballantrae Golf & Country Club.

Remember you can click on an ad with a website and be taken there directly. Online version [hotg.ca/hotg](http://hotg.ca/hotg)



# Ballantrae Reno Special

\*Quartz Countertops \*Complete Kitchen \*Complete Bathroom

**Call Now For Free Quote 647-778-9696**

Quartzcity 300 Wellington St. East, Aurora, ON L4G 1J5



**FREE QUARTZ VANITY TOP**

Present this ad with order and receive a free powder room vanity quartz countertop installed. Call Wayne for Free Quote

[www.quartzcity.ca](http://www.quartzcity.ca) **647-778-9696** [info@quartzcity.ca](mailto:info@quartzcity.ca)



# Betty Mulder's Christmas Tree Tradition

BY ANITA DRAYCOTT

My spunky neighbour, Betty Mulder, was born in Chicago, but in 1936 her parents took her back to their homeland in Amsterdam, Holland where she grew up.

"We always had a Christmas tree," she recalls. "I remember even during World War II when trees were rare and expensive, my dad and I started the tradition of going out on Christmas Eve when trees were on sale. We always bought the tallest tree because the big ones were the last to sell as most houses had low ceilings. But my dad just cut off the bottom to make it fit. He always put on the lights and then he would leave it to my mom and me to finish the decorations. Christmas was an important holiday in our family. My mom would take me to lunch at a department store every year and let me buy a new ornament."

When Betty immigrated to Canada in 1954, she and her late husband Andy, and sons Rudy and Bruce, continued the tradition of going into the forest and cutting down the tallest tree they could find.

In August 2018 Betty fell and broke her back and pelvis. She was still in a lot of pain as Christmas approached and was unable to handle buying and decorating a tree. However, Laura Arruda, a good friend, suggested they drive to Home Depot where Betty bought the tallest artificial tree in the store – that just happened to be on sale. Laura assembled and decorated it. They tried various tree toppers and the winner was this jaunty top hat. Now it has become a Christmas custom for Laura and Betty to decorate the tree together. Happily, the yuletide traditions of family, friendship and lofty trees continue.





# CAROL TAPLIN

SALES REPRESENTATIVE

YOUR NEIGHBOURHOOD SPECIALIST

Representing The  
Top 6-10%  
of The Marketplace  
of Royal LePage



**BUYING  
OR SELLING?**

**BENEFIT FROM**

- 20 PLUS YEARS SALES EXPERIENCE
- SERVING THE BALLANTRAE COMMUNITY
- AGENT ATTENDS ALL SHOWINGS

**COMPLIMENTARY**

- Home Evaluation
- In-Home Staging



**Living and Working in Ballantrae**

**The service YOU deserve in the neighbourhood WE love!**



Your  
**Community**  
REALTY

office: 905.727.3154

direct: 416.518.6422

[www.CarolTaplin.com](http://www.CarolTaplin.com) | [carolhtaplin@gmail.com](mailto:carolhtaplin@gmail.com)

Not intended to solicit clients currently under contract with another brokerage.

ONE  
MONTH  
FREE & MORE!

## We Offer a World of Choices. *Each and every day.*

At Stouffville Creek Retirement Residence, we believe that inspiring our residents and supporting their mind, body, and spirit opens the door to achieving better health and well-being. Most of all, we offer a caring and warm environment that makes our residence as close to home as you can get!

To learn more about Stouffville Creek Retirement Residence  
call 905-642-2902 or visit [verveseniorliving.com](http://verveseniorliving.com)

**STOUFFVILLE CREEK**  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH 

FALL 2021  
**GRAND  
OPENING**  
ASSISTED LIVING  
SERVICE



**FURNISHED SUITES AVAILABLE** | Independent, Personalized Care & Assisted Living | 40 Freeland Lane, Stouffville, ON





**Fischer**  
CUSTOM CABINETS LTD.

